

# Mountaineer

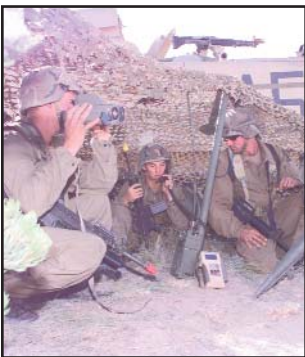
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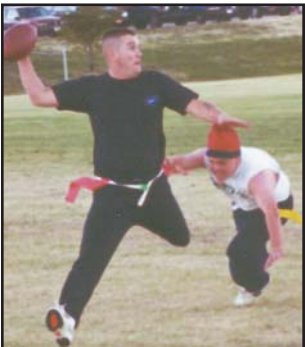


## INSIDE Feature



Soldiers look down-range for rounds.  
See page 20 and 21

## Sports



52nd Engineers and  
60th Ordnance com-  
pete in football game.  
See Page 29

## Happenings



World-famous Van  
Briggle Pottery is  
made in Colorado  
Springs. Visit the com-  
pany as it marks its  
100th year.  
See Page B-1

## Early publication

Because of the training  
holiday, the  
*Mountaineer* will be  
published Thursday.

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Photo by Spc. Zach Mo

A group of "protesters" charges the fence while the quick reaction force team holds them at bay with their riot gear.  
See story on Pages 22 and 23.

## Shinseki expands AC/RC division teaming

by Kristin Patterson  
Army News Service

**WASHINGTON** — Under a new concept called "corps packaging," all of the National Guard's eight combat divisions and 15 enhanced separate brigades will be matched with active-component divisions at the corps level.

Army Chief of Staff Gen. Eric K. Shinseki announced this expansion of teaming between active and Guard divisions Sept. 14 in a speech to 3,000 Guard officers at the National Guard Association annual conference in Atlantic City, N.J.

Shinseki also announced that 122 Black Hawks and 68 Apache helicopters would be "cascaded" or transferred from active-component units to the National Guard under an accelerated timetable. (They were originally scheduled to go to the Guard in fiscal year 2002, he said.)

Shinseki said the recent teaming of the 1st Cavalry Division with the Texas Guard's 49th Armored Division to train for Bosnia went so well that he is going to "expand that experiment."

"Those alignments are going to bring us to a level of readiness we've always talked about getting to," he said. "And this is our

commitment to get there. We will all be expected to respond to missions and operational requirements that span the entire spectrum of operation."

The 49th Armored Division headquarters is now finishing up the last few weeks of its mission commanding peacekeeping troops in Bosnia. Virginia's 29th Infantry Division and Pennsylvania's 28th Infantry Division will command subsequent rotations there.

More information regarding divisional missioning in the war plans would be available within the next few months, Shinseki told the Guard officers. Guard officials said they have pushed for division inclusion in the war plans because it would identify specific missions toward which to train.

Division teaming began two years ago as a pilot program, pairing the 49th with the 1st Cavalry Division headquartered at Fort Hood, Texas, and California's 40th Mechanized Division with the Army's 4th Mechanized Division, also headquartered at Fort Hood. This original division teaming was announced at the 1998 National Guard Association conference by former Army Chief of Staff Gen.

Dennis J. Reimer. It was part of a pro-

gram to integrate the active and reserve components, or AC/RC integration. Under division teaming, one division would have the lead in certain areas, and the divisions would share resources. When one division deployed, the other would mobilize to provide replacement operations, Reimer said during his conference speech two years ago.

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The Army's 1st Cavalry Division required additional personnel in order to mobilize to Bosnia in 1998. Had the Army already begun a pilot program matching active-duty divisions to Guard divisions, additional personnel could have come from the Guard, Reimer said.

The latest announcement also expands last year's alignment of six Army Guard enhanced brigades to the reactivated 24th Infantry Division at Fort Riley, Kan., and the 7th Infantry Division at Fort Carson, Colo., as their primary combat forces.

AC/RC See Page 11



## Commander's Corner

### Mountain Post Team members responsible for suicide prevention



Soriano

**“Leaders, peers, subordinates, family members and all military community members can help to prevent a suicide ...”**

Recently the Mountain Post Team experienced three disturbing events. Two soldiers, one away for training and one recently redeployed, committed suicide. A family member also attempted suicide. Each of these incidents touched many people deeply — friends, coworkers and family members.

Over the past 10 years in the Army, suicides were the second leading cause of death after accidents. In fact, about 10 times more troops died at their own hand than from hostile fire. Since 1991, there have been 29 suicides on this installation.

There are other disturbing trends as well. The Army suicide rate has increased over the past two years to one of the highest rates since the 1970s. In the first five days of the new millennium, there were four suspected suicides in the Army. In 1999, the Army confirmed 65 suicides and 12 other deaths are suspected to be suicides.

Who is responsible for suicide prevention? Every member of the Mountain Post family. Leaders, peers, subordinates, family members and all military community members can help to prevent a suicide if they know what signs to look for and what actions to take.

People who consider suicide aren't bad, crazy, weak or flawed. They don't even necessarily want to die — they just have more pain than they can cope

with. It's similar to lifting weights without a spotter when someone is continuously adding weight to the bar — eventually, no matter how much they want to lift the bar, they collapse under the weight. If you saw someone at the physical fitness center lifting without a spotter, you'd step in and help. I ask you to do the same if someone you know is a potential suicide.

Suicides are usually a response to stress and possibly feelings of loneliness, hopelessness and helplessness. Suicide is the product of destructive thoughts, feelings and behaviors that exist in all of us from time to time but have gone beyond rational control in the suicidal person. Suicidal people often believe they have no support system or no one they feel that they can talk to.

Statistics indicate that white males, in the senior enlisted ranks, commit the most suicides in the Army, but that doesn't mean that it can't happen to anyone and every group of people. About two-thirds of military suicides are related to relationship issues; the individual has suffered a recent break up of a marriage or other close personal relationship. Oftentimes alcohol, other substance abuse and financial problems are also present.

There are other warning signs, some more obvious than others. The following are the more common warning signs of suicide: dramatic or obvious drop in job performance; unkempt or decrease in personal appearance; loss of a loved one, job, status, or money; feelings of hopelessness or helplessness; family history of suicide; previous suicide attempts; using alcohol or drugs, especially to excess; poor appetite or significant weight loss or increased appetite or significant weight gain; change in sleep habits, either excessive sleep or inability to sleep; behavioral agitation or slowing of movement; loss of interest or pleasure in usual activities or decrease in sexual drive; loss of energy and fatigue not due to a physiological condition; diminished ability to think or concentrate; feelings of worthlessness, self-reproach or excessive guilt; withdrawal from family or friends;

drastic mood swings; and sudden change in behaviors. The presence — or absence — of any one sign is not an indication that someone is or is not suicidal.

Immediate danger signs that a person may be thinking of killing him/herself are: talking or hinting about suicide, to include statements about feeling suicidal; having an organized plan to commit suicide, the means to carry out this plan and the intent to commit suicide; having the desire to be dead; obsession with death, sad music or poetry; themes of death in letters or artwork; and tying up loose ends and finalizing personal affairs.

If you suspect someone you know is suicidal, the first step is to ask that person if he or she is contemplating suicide. Listen to the individual and take what is said very seriously. Do not ignore the suicidal person; it is better to offer help early than to regret not helping later. The first step is to offer support non-judgmentally, no matter what the problem may be. Talking about suicide can help that person to look at other solutions and realize that suicide is not the answer. Don't leave anyone alone if you think the risk of suicide is imminent. Assist the suicidal person in obtaining help. Contact the unit chaplain, Mental Health Services at 526-7155 or the Emergency Room at Evans Army Community Hospital at 526-7111 if you believe someone you know is suicidal.

It is clear that many suicides are preventable. Everyone in the Mountain Post family is qualified to intervene. Who knows a soldier better than their family, unit members, superiors, peers and subordinates? Don't be afraid to confront or reach out to someone you believe may be depressed or suicidal. You can make a difference!

Mission first ... people always ... one team.  
Bayonet!

**Major Gen. Edward Soriano**  
*Commanding General  
7th Infantry Division and Fort Carson*

## Sound Off!

### Why is the Combined Federal Campaign important?



**Master Sgt. Eduardo Bernardo,**  
operations NCOIC,  
DCA

“It's important because it allows people the opportunity to contribute to different agencies.”



**Nadine Salmons,**  
Library Technician,  
Grant Library

“The CFC is always trying to help somebody. I believe it's important to contribute so we can stop some of these diseases.”



**Jane Boozer,**  
Office Automation  
Assistant,  
Financial Management  
Division, DCA

“I think CFC is important because it helps those less fortunate than we are.”



**1st Lt. John Kimball,**  
Army Emergency  
Relief Officer,  
ACS

“CFC is important because it provides an easy way to give to a variety of charitable organizations.”

#### LETTERS TO THE EDITOR

The *Mountaineer* invites readers to write letters to the editor in response to stories in the *Mountaineer* or events that affect the entire Mountain Post Team.

Guidelines are set to ensure fairness to everyone. All letters must be signed and include an address or unit designation and daytime telephone number for verification. No address or telephone number will be published and name will be withheld upon request. Anonymous let-

ters will not be considered.

Letters should be no longer than 200 words in length. The *Mountaineer* reserves the right to appropriately edit all letters. If a letter involves an on-post situation, the text of the letter will be forwarded to the appropriate person or directorate for comment. Obscene or pornographic language or materials will not be published.

Because of legal restrictions, both in federal regula-

tions and AR360-81, under which the *Mountaineer* is published, no letters concerning local or national political issues will be published. Publication of any letters will also conform to all appropriate Department of Defense and U.S. Army regulations.

Letters may be sent to: Letters to the Editor, The *Mountaineer*, 1550 Specker Ave., Fort Carson, CO 80913 or dropped off at the *Mountaineer* office, building 1550, Room 2180.

#### MOUNTAINEER

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# News

## Important School Attendance Date

Oct. 2 is the pupil count date for the Fountain-Fort Carson School District.

**Attendance and enrollment on that date are critical for funding.**

We appreciate your support in making sure your child is enrolled and in attendance on Oct. 2 at the following schools:

Abrams Elementary • Mountainside Elementary  
Aragon Elementary • Jordahl Elementary  
Lorraine High School • Beacon Elementary  
Carson Middle School • Mesa Elementary  
Fountain Middle School • Fountain-Fort Carson High School

## Healthcare Food Service Week kicks off Oct. 1 to 7, recognizes workers

**Maj. Christine N. Parker**  
**Chief, Nutrition Care**  
**Medical Department Activity**

In 1989, the 101st Congress of the United States approved October 1 to 7, as National Healthcare Food Service Week.

Health care food service workers make significant and countless contributions everyday that frequently go unnoticed or unrecognized. The Chicago Midwest Chapter of the American Society for Hospital Food Service Administrators was the first organization to request recognition. The governor of Illinois issued an official proclamation recognizing a week in October. The ASHFSA board of directors appointed a regional-

ized task force to track and encourage local chapters to obtain other state proclamations; and, by 1987, 38 states had recognition proclamations in place.

At the Fort Carson Medical Department Activity Dining Facility, the healthcare food service workers serve approximately 5,200 patients, staff and customers. Preparing both regular food and modified patient therapeutic diets. These employees work seven days per week, including holidays, sacrificing their family time to serve the community. The next time you patronize the hospital dining facility and especially if you are there during the week of Oct. 1 to 7, let those healthcare food service workers know that you appreciate them.

## Holiday greetings go out starting Oct. 1

**Fort Carson Public Affairs Office**

Fort Carson military members can send holiday greetings to their families through their hometown newspapers beginning Oct. 1, thanks to a new program offered by the Army and Air Force Hometown News Service in San Antonio, Texas.

Those interested in sending a 30-character greeting to their families should come to the Fort Carson Public Affairs Office in building 1550 on Specker Avenue, Suite 2700, to fill out the form.

The program is open to all service members, not just soldiers, according to Hometown News.

Participants need to have the full name and address, including zip code, of their relatives to send the greetings. Soldiers may submit multiple greetings to different areas. The cut-off for the greetings will be Nov. 15 so the PAO can forward the forms by the Nov. 20 deadline at Hometown News.

For years, Hometown News has sent teams to areas overseas where soldiers were serving to tape video messages that played on thousands of television stations across the United States. Because of the success of the program, this year the Hometown News Service decided to expand the program to newspaper outlets across the country and offer the service to service members serving in stateside assignments as well, said Gerry Proctor.

For information on the program, contact Sgt. 1st Class James Yocum, NCOIC, post public affairs office, at 526-3420.

# Americans with Disabilities Act going strong

**By Richard H. Middleton, Jr.**  
**Association of Trial Lawyers of America**

The Americans with Disabilities Act is 10 years old this year.

For those who are disabled, the ADA has probably changed their lives. Those who are not disabled — as, of course, any one could become — have probably noticed the difference in positive ways.

From wider doorways to larger elevators, ramps, user-friendly stairways, broader passageways and bathroom facilities; there has been a growing common denominator for people with disabilities — greater access to public places.

Marca Bristo, founder of Access Living in Chicago, is the current chairperson of the National Council on Disability which helped draft the original ADA language and still closely monitors the progress of the ADA.

In observing that the ADA is the last major piece of civil rights legislation enacted in the 20th century, Bristo says that, “the ADA is distinctively American. It embraces several archetypal American themes such as self-determination, self-reliance and individual achievement. It’s about enabling people with disabilities to take charge of

their lives and join the American mainstream.”

As many as 49 million citizens have one or more disabilities. Many of them have suffered discrimination in terms of housing, employment, education, public accommodation, transportation, communications and other areas.

The inability of those disabled people to pursue equal opportunities has cost the United States billions of dollars in unnecessary expenses resulting from failure to eliminate obstacles to full participation in society.

Is there room for more progress toward full equality now in the new century? Most assuredly — especially in the fundamental arenas of employment, public services (such as transportation), public accommodations, services operated by private entities and telecommunication.

But from the onset, perhaps the biggest challenge for the ADA and its advocates has been money.

Skeptics and outright opponents of the ADA for years had argued that neither public nor private budgets had room for expensive adaptations to accommodate disabled people — or that such improvements failed meaningful “cost/benefit analysis.”

But in most cases, the costs have been moderate, affordable and a wise public investment. Reasonable accommodations on behalf of disabled persons often do not require a great deal of expense.

For example, a study by Sears, Roebuck & Co. found that the average accommodation cost the company \$121. Fully 69 percent of the Sears accommodations cost nothing, 28 percent cost less than \$1,000, and only three percent more than \$1,000.

Bristo knows her work will take many more years.

“We still need to increase public awareness to the ADA, provide education and clarification regarding its provisions as to who is covered, and provide resources necessary to encourage voluntary compliance and to ensure effective enforcement,” Bristo points out.

Her comments echo those of the Congressman Steny Hoyer who says, “If, as we all suspect, the next great world competition will be the marketplace rather than the battlefield, we need the help of every American. We cannot afford to ignore millions of Americans who want to contribute.”



# Community

## October is National Family Sexuality Education Month

by Judith S. Harris

**U.S. Army Center for Health Promotion  
and Preventive Medicine**

National Family Sexuality Education Month is sponsored by the Planned Parenthood Federation of America, Inc., which believes parents are the primary educators of their children regarding sexuality.

The purpose of NFSEM is to garner support within communities for parents as sexuality educators. More than 50 organizations support NFSEM through programs and print materials.

There is broad support in the United States for sexuality education. More than 80 percent of adults believe that children 12 to 18 should receive it, and most do not favor abstinence-only programs. A growing body of evidence shows that parents, especially mothers, have great credibility with their children in this area.

Contrary to the popular myth that talking with kids about sex will increase the incidence of teen sex, studies have shown that discussing sexuality with parents delays the initiation of intercourse and increases the use of contraception. A good relationship with one's mother, plus maternal disapproval of teen sexual activity, delays initiation by both boys and girls.

Furthermore, the modeling provided by an open relationship between children and parents promotes openness between teens and their potential partners. In fact, teens who talk to their parents about sexuality are seven times more likely to be able to talk with a partner about HIV/AIDS. Also, parental discussion of condom use before initiation of sex significantly increases condom use; teens who use condoms at first intercourse are 20 times more likely to use them in the future.

Despite these facts, fewer than 20 percent of parents have had a meaningful discussion with their children about sexuality. Many report that they are uncomfortable with the subject.

Planned Parenthood hopes that the facilitation of partnerships among parents, community organizations and schools will enable parents to fulfill this critical role. The NFSEM Coalition is the vehicle for providing support to moms and dads as sexuality educators.

What is "sexuality education?" It is much more than the mechanics and biology of reproduction and includes information and discussion about sexual development, human reproduction, interpersonal relationships, affection, intimacy, body image, gender roles and sexual orientation.

Here are some guidelines and tips for parents in talking about sexuality:

- Conversation should be ongoing from an early age.
- Use correct words.
- Be open to questions.
- Provide answers respectfully.
- Be clear about your values (to yourself and child).
- Show interest in the child's questions and views.

If children don't start asking sexuality-related questions by age 6, they are probably getting information from another source or feel uncomfortable talking with their parent(s) in this area.

Children don't need detailed information until they approach puberty. Sexuality conversations with preschoolers should include the correct names for the body parts of both genders and introduce the idea that some adult relationships involve a special kind of love.

Keep answers to questions short and factual. Young children's attention span is too short for long or complex answers. Establishing the trust that parents will give straightforward answers about sexuality is essential to a child's interest in staying in dialogue as he or she grows up.

Children ages 5 to 9 are interested in the mechanics of reproduction, including conception, pregnancy

and birth. They also need to understand the boundaries between appropriate and inappropriate touching and other expressions of friendship and love — in families, at school and with strangers.

Preadolescents (ages 10 to 12) are ready to learn about the physiology of sexual development in both genders and the differences in rate of development among children. They also need information about forms of sexual behavior, from holding hands to intercourse and what is appropriate at different ages (including middle adulthood and old age); about different sexual orientations; and about male and female sexual feelings. This is also the time to begin discussion of fertility, birth control, and sexually transmitted diseases.

Ideally, teens will have this solid foundation upon which to base their sexuality. A trusting relationship with parents (or other caring adults) in which sexuality has been discussed respectfully is a key ingredient in establishing strong self-esteem — and self-esteem is the most significant tool for making smart decisions about sexual behavior.

Parents of teenagers have an important role to play in providing guidance about what to say in uncomfortable situations and in building negotiating skills.

Talking to teens about sexuality is difficult; a strong relationship established over time makes it easier. However, it is seldom too late to build that relationship and help one's children to deal with this important issue.

The National Family Sexuality Education Month coalition partners have many resources to help parents. Check them out at <http://www.plannedparenthood.org/edu/coalition.html>

## BRAVO! hits boards to revive Army theater

by Marcia L. Klein

**Community and Family Support Center Public  
Affairs Office**

ALEXANDRIA, Va. — Greasepaint isn't going to replace camo stick any time soon, but may be found on more installations if the inaugural year of BRAVO!, the Army's new theater touring company, is successful.

BRAVO! is the latest addition to Army Entertainment's line up of active-duty soldier-based entertainment, such as the Soldier Show. The new program's purpose is to revive lagging theater programs on installations, particularly stateside.

"What I'm hoping BRAVO! will do is show installation commanders that theater is a viable program, that soldiers are involved, that the program will be able to get sponsorship and ... that it's a program they could re-institute at their installations very easily with very minimal type requirements and have a successful venture," said Tim Higdon, technical director for Army Entertainment, a division of the Community and Family Support Center's Soldier and Family Support Directorate.

"In Europe, (theater) is still very strong, very prominent and almost every active installation over there has a theater program. What we're hoping to do is rejuvenate some of the stateside programs."

For its debut, BRAVO! will tour a musical production of "The Fantasticks," with a cast of eight, one pianist/production stage manager and one technician. All active-duty and reserve component soldiers are

eligible to apply.

The deadline was Sept. 22 for applications; audition information was sent to installations by memorandum earlier in the summer. Higdon said any soldier who might have difficulty meeting that deadline should call him at the number listed at the end of this article.

The musical was chosen because it is a relatively simple piece to stage, Higdon said, so it can work well no matter what kind of facility is available for performances.

"And, it was just an overall feeling throughout CONUS and OCONUS that a musical piece that had some name recognition might be a good bridge between what we had sent out in the past such as the Soldier Show and this new theater concept," Higdon said.

Higdon added that the decision on whether or not to sell tickets for the performances is left up to the host installations.

"We're not saying they have to and we're not saying they can't," he said. "If they do they should not charge more than the current market (price) ... and they have the option to make it a dinner theater as well. I'm encouraging them to charge a ticket price ... to help demonstrate to installation commanders who may not have an active theater program that theater is something that can work for them."

Any proceeds would benefit the local installation's Morale, Welfare and Recreation fund.

This year's tour will begin Dec. 1 in Vicenza,

Italy. The company will tour sites in the Balkans over the holiday season, return to Europe in January and finish up stateside by the end of February.

Installations that want to host a performance should send an application packet no later than Oct. 25 to: **Chief, Army Entertainment Division, ATTN: Tim Higdon, P.O. Box 439, Fort Belvoir, Va. 22060.**

Information listing requirements for host installations was sent out through the major commands in August.

For questions on the program, the audition or application process or to request a copy of hosting requirements, contact Higdon at (703) 806-7283/DSN 656. Information is also available on the Internet at [www.armymwr.com](http://www.armymwr.com) ; click on **Army Entertainment** under the "Soldier & Family" heading.

# Learn to protect yourself the right way

by Sgt. Jeffrey J. Denning  
Fort Carson Military Police Special Reaction Team

Criminal activity seems to be out of control in some areas of America. Some groups or experts have tried to outline what has brought this surge of law-breaking activity. Fingers have been pointed at television, parental guidance and the Internet as causes for the escalation of unlawful behavior.

The murder rate by teens under the age of 18 has increased 92 percent since 1985, and the prisoner population in this country has increased from 250,000 in 1974 to more than one million.

In the wake of the tide of criminal activity, crimes ranging from murder and aggravated assault to forcible rape and robbery have increased and spread rampantly and unforgivingly like wild fire.

The increase of bombings (which according to the FBI has tripled in the past decade), gang activity and random shootings has impacted the public fear in an unprecedented way.

According to security experts, one in three Americans fears being the victim of a violent crime, even though only one in 150 actually will be. Many people are prompted to begin family vigilance and self-protection awareness.

If you have considered the purchase of a weapon you should know that the age to carry a concealed firearm in El Paso County is 25, and permits cost nearly \$80 for the first year and \$20 each year thereafter. The holders of such permits are not allowed to take their weapons into establishments where alcohol is served, into public schools, into national parks, into federal buildings or on federal installations. The latter restriction inevitably limits those living on-post from legally carrying loaded firearms. Breaching these regulations will surely bring swift and severe punishment if caught.

Those who oppose carrying a sidearm or who wish to arm themselves in another way may consider the use of pepper spray, a baton or asp, a stun gun, a

knife, martial arts lessons or all of the above. ***Note: It is important to know the laws and regulations with regard to carrying these weapons on or off-post.***

There are four considerations you must ponder before choosing a weapon.

## Can the assailant take it from me and use it against me?

In every aspect of carrying a weapon, you need to consider that losing it to a foe may inevitably bring your own demise. If a petite woman were to hit an angry male aggressor with a baton, for instance, she very well might have it taken from her and used against her.

To take another approach, if you pulled a gun on an attacker, would you feel comfortable enough to shoot him or her, or would he/she manipulate you and take your gun away?

Another thing to consider is securing the weapon in your home so that children will not have access to it.

## Will the use of a weapon land you in jail?

In the aftermath of any unfortunate incident you may be summoned to painstakingly “prove beyond a reasonable doubt” to a court or jury that you acted appropriately and in accordance with your lawful legal rights of self-protection and self-preservation.

According to the law, deadly force is authorized to stop a forcible rape or to save you or another person from an imminent threat of death or severe bodily injury.

The use of force continuum is defined as using equal or greater force to stop a threat. For instance, if your attacker is using a knife, you can use a gun; but if your attacker is using a rolled-up newspaper, you cannot justifiably shoot him/her with your gun. ***Note: There is an exception to this.*** If, say, a frail woman were being hit with this newspaper by an angry man who said he was going to kill her, and she felt in danger for her life, then she could shoot. But she would still have to prove this in court.

## Am I sufficiently trained in the use of a weapon?

To assist you with legal ramifications, and to

know what capacity your particular weapon can do to an assailant, you need to have sufficient training with it and know its capabilities. Those who opt to use pepper spray should know what it can and cannot do. It would behoove anyone considering carrying or purchasing a weapon to attend a course by a certified and competent instructor.

Often individuals are overly confident with their own firearm-handling prowess. That sort of boastful attitude is exactly what leads to negligent and accidental discharges, resulting in death or serious injury. To preserve your safety and the safety of those around you is exactly why you invested in a firearm. Do not jeopardize your good health or your life by treating your sidearm like a toy or by being overly confident.

## Will the weapon stop the attacker or provoke him?

This is a straightforward and simple question. It refers to the previous question of use of force, but it also pertains to many scenarios and difficult situations that may occur.

Would I provoke my attacker if I went out of my way to say something rude to him? Would I provoke my attacker if he was robbing me at gunpoint, and I said, “get lost?” Would I escalate the situation if I brandished a knife while engaged in a verbal argument? Absolutely.

I cannot stress enough the importance of maintaining constant vigilance. However, depending upon the situation or the place, your awareness may be more relaxed or more acute.

To summarize, remember that it is better to run away than fight, and it is wiser to talk yourself out of difficulty than to recklessly engage in it. And, above all, it is better to avoid bad situations altogether. Sun Tzu, a Chinese war philosopher said, “It is not the wise man who must fight every battle to win the war, but the one who can win the war without having to fight a battle.”



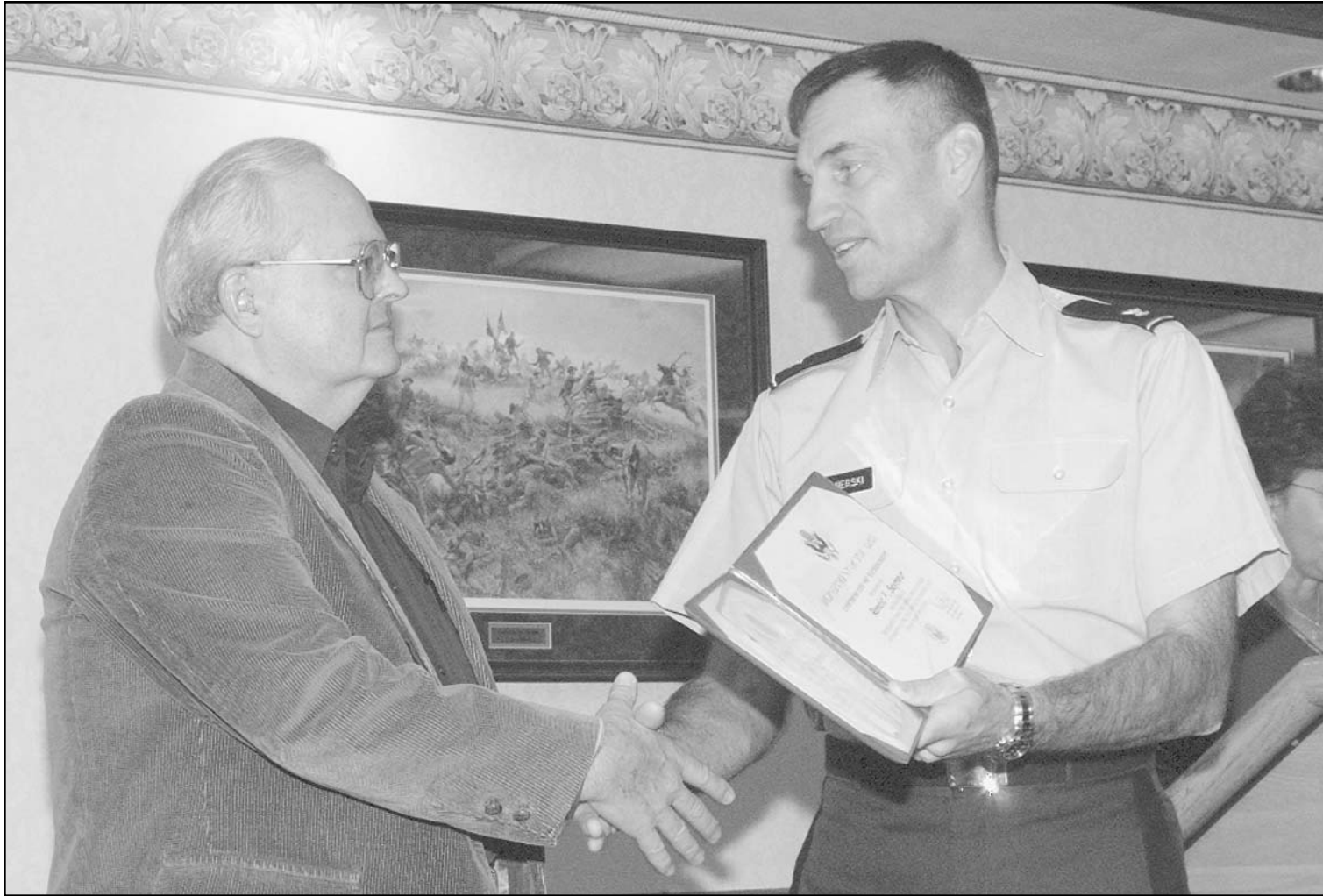


Photo by Spc. Carrie L. Fotovich

### *Thanks for the memories...*

Ronald P. Seymour, left, supply technician, Installation Property Book Office, Directorate of Logistics, receives a Certificate of Retirement and a Certificate of Appreciation for his 42 years of civil service at Fort Carson from Col. Michael Kazmierski, garrison commander, during a retirement ceremony held in honor of the 58 individuals retiring from DOL at the Elkhorn Conference Center Wednesday. The 58 individuals who are retiring have contributed a total of 1,442.75 years of service to the nation. The mass of retirements from the DOL was the result of a Reduction in Force.

# Home safety tips for families with babies

by **Richard H. Middleton, Jr.**  
**Association of Trial Lawyers of America**

Planning for the birth of a baby is both exciting and challenging. But considering the collection of products on the market that promise to make Moms’ and Dads’ lives easier, it is easy to see how parents-to-be can start to feel overwhelmed. However, with some advanced planning, parents can take some of the worry out of bringing a baby into their home.

Parents are often surprised by the speed with which their little one crawls across a room, grabbing, poking, and tasting things along the way. The web site [BabyNeeds.com](http://BabyNeeds.com) suggests that adults get down on all fours and look around “From the baby’s point of view.” You’ll likely spot table edges, cords, outlets, knobs and other objects that, from an adult’s vantage point, had appeared harmless. Here are other [BabyNeeds.com](http://BabyNeeds.com) tips:

- Place covers on unused electrical outlets
- Install cabinet lock s
- Keep doors closed to prevent roaming
- Place special covers over door handles to prevent children from opening them
- Use a baby gate at the top and bottom of stairs
- Tie up all cord s— electrical, blinds, telephone, speaker wires — anything that might present an

entanglement/choking hazard

- Place grip stickers on non-skid mats in the bath tub
- Remove control knobs from the stove
- Latch all toilets to prevent drowning
- Lock up all poison items like cleaners
- Turn down your water heater temperature to about 110 degrees to lessen the possibility of injury, should your child turn on a hot water faucet.

One of the focal points of a home with a new baby is the nursery. In choosing a crib, you cannot be too careful. Be wary of older hand-me-down or antique cribs. These items may have design flaws that make them dangerous for infants. They may have corner posts which could catch on a baby’s clothing and result in strangulation.

Cribs manufactured after 1974 must meet certain safety standards that mandate the spacing of slats (no more than 2 3/8 inches apart), the height of corner posts (no more than 1/16 of an inch higher than the crib’s end panels), head and footboard design (no cut-out areas that may trap a baby’s head) and the height of crib sides (in their raised position, the top rails should be at least 26 inches above the top of the mattress support at its lowest position).

Earlier this year the U.S. Consumer Product

Safety Commission stepped up its campaign to promote safe bedding for babies. The agency announced that seven retailers — Babies “R” Us, IKEA, JCPenney, Kmart, Land’s End, Sears and Target — would no longer show crib displays with pillows, quilts and comforters. Cribs made up with those items encourage parents to buy them, but these items can easily suffocate young children. The CPSC, the American Academy of Pediatrics and the National Institute of Child Health and Human Development recommend that babies be placed on their backs in cribs with a tight-fitting mattress without any pillow, quilt, comforter, sheepskin, fluffy toy or soft product.

Many resources are ready to help you learn, stay informed and make sound decisions that will help keep your baby safe.

For additional crib safety and baby-proofing tips, visit the Danny Foundation at : [www.dannyfoundation.org](http://www.dannyfoundation.org) and the National Safety Council at: [www.nsc.org](http://www.nsc.org) .



# Take “Time Out” to change youth sports

**Association of  
Trial Lawyers of America  
Frederick M. Baron**

You may have heard or read about the sad and distressing case in Massachusetts involving two fathers whose rage erupted after their sons’ youth hockey practice. One man was beaten unconscious and died. The other man was indicted on manslaughter charges.

For many across the country, this case was a wake-up call. It sounded the alarm to acknowledge and take action against an unfortunate trend that’s been growing in youth sports — the occurrence of sports rage.

Examples of sports rage from the past year include a Maryland father who kicked a baseball coach; parents who fought one another after a boy’s soccer tournament in Massachusetts and a North Carolina mother who attacked a soccer referee.

According to Fred Engh, president of the National Alliance for Youth Sports and author of “Why Johnny Hates Sports,” parents behave inappro-

priately and violently at their children’s sporting events because “no one ever told them they couldn’t.”

“No parent stands up at a spelling bee and yells, ‘That’s an easy word — you can’t miss it!’ Or at a piano recital screams, ‘I know you know that note, don’t let me down. You’re not going to miss this one,’” says Engh.

“Standards must be raised,” Engh says. He believes that in order to raise the bar for behavior, youth sports leagues need administrators who will tell people what is and what is not acceptable behavior.

Engh, who founded NAYS in 1981 as an organization to train volunteer coaches, has expanded the training program to encompass the needs of parents and youth sports administrators who lease park and recreation facilities. According to NAYS, approximately 90 percent of all volunteer administrators, however, have not received even one minute of training on how to manage youth sports programs.

Parents who are worried about youth sports violence should go to their

local sports league and ask what standards, if any, the league has in place.

“Ask what kind of training the local volunteers have had,” says Engh. “Is there a youth sports supervisor who is going to provide training, accountability and enforcement? That’s what you need.”

To those who question the notion of a sports supervisor, Engh asks, “If it’s important to have a superintendent of schools, why isn’t it important to have a supervisor of life-learning?”

Youth sports, Engh believes, is all about life-learning — teamwork, sportsmanship, following rules, discipline, training and how to win and lose with grace.

Easier said than done? Not so, according to NAYS, which this October launches a national campaign called “Time Out” to promote its training and awareness program for sports administrators, volunteer coaches and parents.

The NAYS strategy requires that people who request or apply for field space from the local parks and recreation department go through a training

program that promotes sportsmanship and accountability. Coaches go through a certification process and their names are placed in a national data bank. Parents who want their children to play in local sports leagues must attend an orientation session — which includes watching a video about behavior and parental responsibilities — and sign a parents’ code of ethics. If the parent does not attend the program and sign the code, the child cannot participate.

According to NAYS the programs for coaches, administrators and parents are already being used successfully in more than 2,500 cities nationwide. The “Time Out” initiative will encourage other cities to get on board and do the same.

For more information about ending sports rage and keeping youth sports fun, safe and stress-free, contact the National Alliance for Youth Sports at (800) 688-KIDS or [www.nays.org](http://www.nays.org) .

For more health and safety information and tips, please visit ALTA’s “Keep Our Families Safe” Web site at <http://familysafety.atla.org> .

## Chapel

**Sunday School for people older than 12** — at Protestant Sunday School, Soldiers’ Memorial Chapel at 9:30 a.m. Learn the ABCs of the Christian life, the Christ Centered Marriage (on video tape), or Paul’s letter to the Romans. Children’s classes and nursery are provided. Church services follow at 11 a.m. For more information, call Dr. Dennis Scheck at 526-5626.

**Kid’s Own Worship** — is a kids’ place Sunday mornings during Protestant worship. Children begin worship with you at 11 a.m. at Soldiers’ Memorial Chapel and then are ushered into their own world of praise and fun. For information, contact Dr. Dennis Scheck at 526-5626.

**Protestant Women of the Chapel** — Proclaim the Blessed Hope, Isaiah 61:1-3, is the 2000/2001 theme. PWOC meets Tuesdays at Soldiers’ Memorial Chapel from 9 to 11:30 a.m. Child care is available.

**GriefShare — Grief Recovery Support Group** — Wednesdays 6 to 8 p.m., Family Readiness Center, building 1526. GriefShare is a weekly support group for people grieving the death of someone close. At GriefShare, attendees learn valuable information that will help them through this difficult time in their lives. For information, call Sabine Maresco at 526-6917.

**AWANA’s 2000 Fall Kickoff** — The AWANAs meet Thursday from 5:30 to 7 p.m. at Soldiers’ Memorial Chapel for children in kindergarten through sixth grades. Contact Dennis Scheck at 526-5626, Susan Webb at 538-9306 or Jennifer Wake at 540-9157.

**Jewish Celebration of Rosh Hashana** — Saturday (Jewish year 5761). In Hebrew, Rosh Hashanah means literally, “head of the year” or “first of the year.” Rosh Hashanah is commonly known as the Jewish New Year. The holiday is instituted in Leviticus 23:24-25.

## Chapel Schedule

ROMAN CATHOLIC					
Day	Time	Service	Chapel	Location	Contact Person
M-W-F	8:15 a.m.	Mass	Soldiers’	Nelson & Martinez	Chap. Vakoc/526-5769
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7386
Saturday	5 p.m.	Mass	Soldiers’	Nelson & Martinez	Chap. Vakoc/526-5769
Sunday	8 a.m.	Mass	Veterans’	Magrath & Titus	Chap. Vakoc/526-5769
Sunday	9:30 a.m.	Mass	Soldiers’	Nelson & Martinez	Chap. Vakoc/526-5769
Sunday	10:45 a.m.	CCD	Soldiers’	Nelson & Martinez	Ms. Feldman/526-0478
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7386
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Vakoc/526-5769
EASTERN ORTHODOX					
Sunday	8 a.m.	Divine Liturgy	Soldiers’	Nelson & Martinez	Chap. Olson/526-5772
CONTEMPORARY CHRISTIAN					
Thursday	7 p.m.	The “ROCK” Service	Spiritual Fitness Center	Barkeley & Ellis	Chap. Thornton/526-1374
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Slossen/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Drake/526-4206
Sunday	9:30 a.m.	Protestant	Veterans’	Magrath & Titus	Chap. Atkins/524-1822
Sunday	11 a.m.	Protestant	Soldiers’	Nelson & Martinez	Chap. Kincaid/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers’	Nelson & Martinez	Dr. Scheck/526-5626
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	6:30 p.m.	PYOC	Soldiers’	Nelson & Martinez	Mr. Spencer/526-5229
For additional information, contact the Installation Chaplain’s Office, building 1550, at 526-5209. For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636. Normally, free child care is available during on-post worship services.					

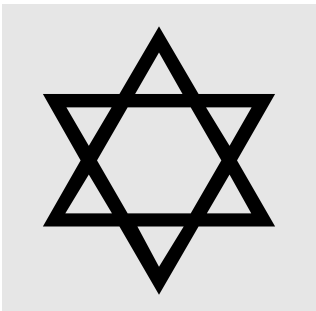
### Daily Bible Readings

In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

**Saturday — 1 Chronicles 29:10-13 & Jeremiah 29-31**  
**Sunday — Jonah 2:2-9 & Jeremiah 32-34**  
**Monday — Psalms 114 & Jeremiah 35-37**  
**Tuesday — Psalms 115 & Jeremiah 38-40**  
**Wednesday — Psalms 116 & Jeremiah 41-43**  
**Thursday — Psalms 117 & Jeremiah 44-47**  
**Friday — Psalms 118 & Jeremiah 48-50**



Chaplain’s Corner



Commentary by  
Chap. (Capt) Matthew  
Olson  
52nd ECB (H)

On Sept. 29 the  
Jewish holy days celebra-  
tion of Rosh Hashana  
begins.

Some people reading  
this article may stop at this point and wonder, “Why  
should I care about this day and what it means? After  
all I’m not Jewish.” The answer to this question is  
simple. It can be summarized in the words “respect”  
and “understanding.”

Remember, it is lack of knowledge and respect  
that breeds intolerance, hate and misinformation.  
Therefore, it is imperative that we learn and under-  
stand the great religious diversity that is present not  
only in this country, but is also found in the military.  
Knowledge is all about enriching your life, and tak-  
ing the time to learn a little about this holy day is a  
great opportunity to enrich one’s life. Therefore, let  
us begin our examination by turning to an excerpt  
from the book, “The Simple Guide to Judaism.”

The month of Tishrai begins with Rosh Hashana  
(Hebrew: New Year) which celebrates the creation of  
Adam and Eve — humanity’s progenitors. In syna-  
gogue, a ram’s horn (shofar) — an allusion to the  
binding of Issac which took place on this day— is  
blown a hundred times. At home, the custom is to eat  
bread and apples dipped in honey, symbolizing the  
anticipation of a sweet year.

(In addition,) Rosh Hashana is called the day of  
judgment. On it Jews ... are required to begin a peri-  
od of repentance which reaches its climax 10 days  
later with Yom Kippur. The symbolism overshadow-  
ing this period, is of God having opened three great  
ledgers. Judgment on the indisputably righteous and  
the unalterably wicked has been recorded, however  
the vast majority of people are provisionally listed in  
the third ledger — “pending a final decision.” The  
traditional blessing reflects this: you should be writ-  
ten and sealed for the good.

How can the final decision be made positive?  
The strident call of the shofar is a call to t’shuva’ the  
provisional judgment can always be overturned by  
t’shuva. In Judaism, t’shuva (literally “return”) does  
not simply mean remorse for past failings. Instead it

encompasses two elements: (i) turning away from  
wrongdoing and approaching God, and (ii) the com-  
mitment to refrain from transgression in the future.

During the “Days of Awe” there is the opportuni-  
ty to become connected to Godliness. Penitential  
prayers are said. Efforts are made to observe more  
mitzvoth. Donations are made to charities and good  
causes ... Following the afternoon service, congre-  
gants go to symbolically cast out their sin beside the  
sea, or rivers or similar bodies of water.

This is but a small sampling of the richness  
found in the celebration of Rosh Hashana. For many  
of us, this is as much as we will ever learn about this  
religious celebration. However, if this article has  
accomplished anything, it should have made us aware  
that it is an extremely important date for those who  
are Jewish.

Therefore, armed with this new knowledge, those  
who are leaders and responsible for soldiers should  
make every effort to allow the Jewish soldiers in their  
units to attend this important celebration of their  
faith.

Where and When

**Editor’s Note:**  
*It is the responsibility of each facility referenced in this directory to inform the Mountaineer of any changes.*

Directorate of Community  
Activities facilities

**Physical fitness centers/swimming pools**  
• **Garcia PFC** ph: 526-3944 or 526-5785  
M-F 6:30 a.m.-10 p.m./weekends and holidays 10 a.m.-5 p.m.  
• **McKibben PFC** ph: 526-2597  
M-F 6:30 a.m.-10 p.m./weekends and holidays 6 a.m.-1 p.m.  
• **Waller PFC** ph: 526-2742  
M-F 5:30 a.m.-10 p.m./weekends and holidays 3-10 p.m.  
• **Mountain Post Wellness Center** ph: 526-2411  
CLOSED  
• **Forrest FC** ph: 526-2706  
M-F 5:30 a.m.-10 p.m./ Sat. & Sun. 10-5 p.m., Sat. 8-10 a.m. women only.  
• **Post PFC** ph: 526-1023 or 524-1164  
M, T, W, F 6-9 a.m./ Spinning classes M-F 5 and 6 p.m./ closed weekends and holidays  
• **Indoor Swimming Pool** ph: 526-3107  
M, T, F 6:30- 8:30 a.m.; M, T, W, F 11:30 a.m. -1 p.m.; M, T, W, Th, F 8 -9:30 p.m. for open swim/ S, Sun. & holidays noon - 6 p.m. open swim  
• **Outdoor Swimming Pool**, ph: 526-4456  
Closed for the season

Miscellaneous

• **Commissary**, building 1525, ph: 526-5505  
M-F 9 a.m.-8 p.m/ Sat 9 a.m.-7:30 p.m./ Sun 9 a.m.-5 p.m.  
• **Grant Library**, building 1528, ph: 526-2350  
M-Th 11 a.m.-8 p.m./Fri 11 a.m.-5 p.m./Sat and Sun 10 a.m.-6 p.m.  
• **Multi-Craft Center**, building 1510, ph: 526-0900  
W-F 11 a.m.-7 p.m./Sat, Sun and holidays 9 a.m.-4:30 p.m.  
• **AutoCraft Center**, building 2427, ph: 526-2147  
Every day 8:30 a.m.-4 p.m., emissions only on M and Tues  
• **WoodCraft Center**, building 2426, ph: 526-3487  
M-Tues. closed/ Wed 1-7 p.m.(Closed for safety class.)/ Th-F 1-8:30 p.m./ Sat and Sun 9 a.m.-4:30 p.m.  
• **Cheyenne Shadows Golf Course**, ph: 526-4122  
M-Sun 8 a.m.-5 p.m.  
• **Divots Grill**, building 7800, 2nd floor: 526-5107  
M-T 9 a.m.-5:30 p.m./W-F 7:30 a.m.-5:30 p.m./ Sat. Sun. and holidays 6:30 a.m.-5:30 p.m.  
• **American Red Cross**, building 1526, ph: 526-2311

M-F 8 a.m.-4:15p.m./ Emergencies: 526-2311 (24 hrs)  
• **Community Thrift Shop**, building 1008, ph: 526-5966  
T, W, Thu 10:00 a.m.-2:30 p.m./ F-M closed  
• **Turkey Creek Recreation Area**, ph: 526-3905  
Office hours: W-Sun 8 a.m.-4:30 p.m./ closed M-T  
• **Information, Tickets & Registration**, building 1510, ph: 526-5366  
M-Th 10 a.m.-6 p.m./F 9 a.m.-6 p.m./Sat 9-1 p.m./closed Sun and holidays  
• **Carlson Wagonlit Travel**, building 1510, ph: 576-5404  
M- Th, 10 a.m.-6 p.m./Fri 9 a.m.-6 p.m./weekends and holidays closed  
• **Outdoor Recreation Complex**, building 2429, ph: 526-2083  
M-Sun 10 a.m.-5:30 p.m./holidays 10 a.m.-4 p.m.  
• **Fatz Pool and Darts**, building 1129, ph: 526-4693  
M-Th 11:30 a.m.-midnight/Fri 11:30 a.m.-2 a.m./ Sat 3 p.m.-midnight/Sun closed  
• **Bowling Center**, building 1511, ph: 526-5542  
Sun-Th 11 a.m.-11 p.m./Fri & Sat 11 a.m.-midnight  
• **Ten Pin Cafe**, building 1511, ph: 576-8126  
Sun-Thu 11 a.m.-10:30 p.m./Fri & Sat 11 a.m.- 10:30 p.m./ M-F 8-10:30 a.m. (breakfast only)  
• **Brass Rail Lounge**, building 1511  
M-W 4-11 p.m./Thu 3-11 p.m./Fri & Sat 4p.m-12 a.m./Sun & holidays 11a.m.-9:30 p.m.  
•**Wok Express**, building 2355  
M-S 11 a.m.-6 p.m./closed Sunday  
• **Youth Center**, ph: 526-2680  
M-Th 3-8 p.m./Fri 3-9 p.m./Sat 1-9 p.m./ closed Sun & holidays

Army and Air Force  
Exchange Service facilities

Barber/Beauty Shops

• **Ivy Troop Store Barber Shop**, building 2355  
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed  
• **Prussman Troop Store Barber Shop**  
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed  
• **Barber Shop**, building 1161  
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed  
• **Evans Beauty Shop**, building 7500, ph: 540-0462  
M-F 9 a.m.-5 p.m./weekends and holidays, closed  
• **Post HQ Barber Shop**, building 1430  
M only 7:30 a.m.-1 p.m.  
• **Welcome Center Barber Shop**, building 1218  
M and Th. only 7:30 a.m.-4 p.m.  
• **Main Store Mall Barber and Beauty Shops**, building 6110, ph: 576-6459

M-Sat 9 a.m.-7 p.m./Sun and holidays, 10 a.m.-6 p.m.  
• **Mini Mall Barber Shop**, building 1510, ph: 576-8013  
M-F 7 a.m.-6 p.m./Sat 8 a.m.-5 p.m./Sun 10 a.m.-4 p.m./ closed holidays

Shoppettes/service stations

• **“B” Street shoppette**, building 900  
M-F 5 a.m.-midnight/weekends 6 a.m.-midnight  
• **Ivy Troop shoppette**, building 2355  
M-F 11:30 a.m.-6 p.m/Sat 10 a.m.-3 p.m./closed Sundays  
• **Service Station**, building 1515  
M-F 6 a.m.-7 p.m./Sat 8 a.m.-6 p.m./Sun 10 a.m.-4 p.m.  
• **Housing shoppette**, building 5940  
M-Sun 8 a.m.-9 p.m.

Alterations

• **Military Clothing Sales Store**, building 1510, ph: 526-8715  
M-F 9 a.m.-6 p.m./Sat 10 a.m.-4 p.m./Sun 11 a.m.-4 p.m./ closed holidays  
• **Mini-Mall**, building 1510, ph: 576-4304  
M-Sat 9 a.m.-6 p.m./Sun 10 a.m.-5 p.m./closed holidays

Miscellaneous

• **Burger King** (Specker), building 1520  
M-F 6 a.m.-9 p.m.(drive-thru until 10 p.m.)/Sat 7 a.m.-9 p.m. (drive-thru until 10 p.m.)/Sun 8 a.m.-9 p.m.  
• **Kentucky Fried Chicken**, building 1533, ph: 579-8237  
M-Sat 10:30 a.m.-10 p.m./Sun 10:30 a.m.-9 p.m.  
• **Class Six**, building 1524  
M-Sat 9 a.m.-9 p.m./Sun 11 a.m.-5 p.m.  
• **Class Six Annex**, building 3572  
M-Sat 10 a.m.-7 p.m./closed Sundays  
• **Laundromat**, building 6089  
M-Sun 7 a.m.-10 p.m.  
• **TV Repair/U-Haul**, building 1008, ph: 579-9344  
M-F 10 a.m.-5:30 p.m./Sat 8 a.m.-noon/ closed Sun and holidays  
• **Sprint Office**, ph: 579-7463  
M-F 8 a.m.-5 p.m./Sat 10 a.m.-2 p.m./closed Sun and holidays  
• **Post Exchange and Main Store Mall**, building 6110  
M-Sat 9 a.m.-9 p.m./Sun and holidays 9 a.m.-6 p.m. (Flower Shop, Vitamin Expo, Optical Shop and AT&T kiosk)  
• **Main Store Mall Espresso Cart**  
M-F 8 a.m.-3 p.m./Sat and Sun 8 a.m.-4 p.m./closed holidays  
• **Mini Mall**, building 1510  
M-Sat 9 a.m.-11 p.m./Sun and holidays 10 a.m.-5 p.m. (Shoe Repair and Engraving Shop)  
• **Mini Mall Laundry**, building 1510  
M-Sat 9 a.m.-6 p.m./Sun 10 a.m.-5 p.m./closed holidays



# Military

## Army wins women's Armed Forces Soccer

by Spc. Ty Stafford  
Army News Service

**FORT EUSTIS, Va.** — The Army team posted a 5-0-1 record to win the 2000 U.S. Armed Forces Women's Soccer Championship at Fort Eustis, Va., Sept. 10-15.

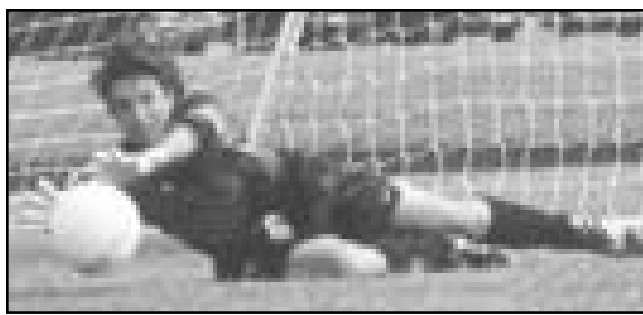
In the two-round, round-robin tournament, the Army team did exactly what head coach Bill Taylor wanted them to do.

"We are not worried about the other teams' speed or playing skills," he said. "We have different formations for a fast and slow team. What we really want is for the other team to play to our style."

Heading into the championship the Army team did just that by not allowing a single goal going into the final game. The Army team had already clenched the title, but still looked to beat Air Force.

"We lost to them last year for the championship. We are looking for some revenge this year," said Capt. Catherine Gaffigan, team captain.

Unfortunately, they did not succeed. After a goal by Fort Eustis' Capt. Stacy Hennessy early in the second half, Air Force retaliated, tying the game at 1-1. Neither team was able to score again.



photos by Patti Bielling

**Army goalie Krista Bonino darts for a quick save during tournament action Sept. 15.**

In the first round of the tournament, Army beat out Navy 1-0 with a goal by Hennessy. The Air Force

bombed the Marines 3-0.

Army upped its firepower in its second game, beating the Marine team 3-0. The Army team took an early lead when Spc. Sherilyn Dabis scored within the first minute of play. Dabis took advantage of another chance to score midway through the first half and connected. Late in the first half, Hennessy flew by Marine defenders to score the games third goal.

Following the Army game, Navy shut down the Air Force 1-0.

The final games of the first round saw some increased offense from the Navy as they routed their Marine counterparts 7-1. Army shot down the Air Force 2-0.

Air Force once again blanked the Marines with a 2-0 victory and the Army repeated its 1-0 performance against the Navy in the opening of the second round, Sept. 13.

The Navy team recovered from the loss the next day in a 1-0 shutout of the Air Force and Army won its fifth straight game, 4-0, over the Marines.

Friday was the final day of the championship tournament, and the Marines faced the Navy while the Army squad squared off against the Air Force.

The Navy's offensive attack was too much for the Marine Corps team, who scored only one goal in the tournament, losing 5-0. Army tied Air Force 1-1.

The winning Army team members are: 2nd Lt. Emily Harrington, Fort Gordon, Ga.; Dabis, U.S. Army Korea; Hennessy, Fort Eustis, Va.; Pfc. Claudia Perez, Fort Sam Houston, Texas; Capt. Heather Andrews, Fort Benning, Ga.; 1st Lt. Jennifer Barcomb, Fort Bragg, N.C.; 2nd Lt. Mary Kidd, U.S. Military Academy, West Point, N.Y.; Capt. Amy Massaglia, Fort Hood, Texas; Spc. Shawna Walker, Fort Wainwright, Alaska; Capt. Krista Bonino, Fort



**Emily Harrington, Army kicker, fields the ball near the sideline during the final game of the championship.**

Campbell, Ky.; Spc. Kimmerly McCarthy, Fort Bragg; Gaffigan, Fort Carson; Pfc. Kerry Davidson, Fort Riley, Kan.; Capt. Gretchen Meier, Fort Bragg; 1st Lt. Mary Ashworth, Fort Huachuca, Ariz.; Sgt. Keau Amantaid, U.S. Army Germany; Spc. Julie Macias, U.S. Army Germany; and 1st Lt. Andria LeBlanc, Fort Bragg.

After the championship award ceremony, players from all service branches were named to the Armed Forces Women's All-Star team.

The Army's Gaffigan, Andrews, Hennessy, Meier, Kidd and Amantaid were named to the All-Star team. Other team members are Paige Wyatt, Jennifer Brannan and Christy Goddeau, Air Force; Patty Bacon and Jennifer Farina, Marine Corps; Amy Hakola, Tara Refo, Kristen Rilsmandel, Christina Acquavella, Christina Esposito, Kate Standife, and Shannon Filbin, Navy.

(Editor's note: Stafford writes for "The Wheel," the Fort Eustis, Va., newspaper.)

## U.S. Army's family strikes first gold in Sydney Games

By Tim Hipps,  
Olympic Correspondent

**U.S. Army Community & Family Support Center**

**Sydney, Australia** — A United States Army spouse was the first athlete to strike gold down under in the 2000 Summer Olympic Games.

Nancy Johnson, wife of Staff Sgt. Kenneth Johnson, scored 9.9 points to break a first-place deadlock on her 10th and final shot in the women's 10-m Air Rifle finale Saturday, defeating Korea's Cho-Hyun Kang, 497.7 to 497.5, in a climactic frenzy for the first gold medal of the XXVIIth Olympiad at Cecil Park Shooting Centre.

"I did it! I did it!" Johnson exclaimed moments after realizing her historic feat. "I won the first gold medal at the Olympics!" Make that the first gold medal of the millennium games, a shooting mark that never will be forgotten.

"The fact that it's the first one is awesome," said Johnson, 26, of Hinsdale, Ill. "That's pretty cool. They can't take this one away. I did my job." Johnson considered this redemption for finishing a disappointing 36th in the 1996 Summer Games in Atlanta.

"To be able to hold on and constantly move up is a good feeling," she said. "There was a pack of us in there with the same score, so it was anybody's game. I usually keep track of where I am. But because the scoreboard was above my head, every time I looked up I was looking into the lights, so I didn't want to do that. So I stopped looking."

On the final shot, Johnson fired a 9.9 to runner-up Kang's 9.7. "I had to finish strong," she said. "Had to finish strong."

"My Dad got me into shooting at age 15," she explained. "I wanted to try archery originally, but there wasn't anything around that was available to me. But there was a local rifle club."

From there, she climbed the ranks of the air-rifle elite, knowing all along that it was the first event on the 2000 Olympic Games calendar.

"You know as an air-rifle shooter that your event is always going to be first, no matter what Olympics it's at," she explained. "I knew a year ago that my event would be first and that I had a whack at winning gold. I was just thinking: 'How cool would it be to win the first gold medal of the Olympics?' In my qualifying round, I was a little nervous and a little tense."

And then she carried on like a champion. "I just got over it and went out there with a smile on my face," Johnson said of the final round. "And went out there to do my best."

On this day, her best was best in the world. "I just wanted to get through it," Johnson said. "I knew that if I could keep it together with a lot of 10s and not with the 9s. I had no idea that it was so close. I really wasn't paying attention to anybody else and what they were doing."

"I looked up at one point and saw that I was in medal contention, but I told myself I wasn't going to look anymore because it was unnerving me a little bit. I had no idea the final shot was what won it. I'm pleased that I didn't know."

Her husband, who competes in the same event for the U.S. Army Marksmanship Unit, said his unit has adopted Nancy.

"She's been training at Fort Benning for the last three years now," said Kenneth Johnson, who married Nancy in 1998. "She trains with the Army and works with the Army coach. She's part of our team in a loose sort of way, so it's just an outstanding feeling."

"(U.S. Army Recruiting Command) is very interested in her because she's my wife and they want to show that husbands and wives can do things in the Army together, so that's really cool. It's just a great

feeling. She's been training for 15 years, and I've been training for about 17 years. So this is a logical culmination of it all.

"She was in the '96 Olympics, but she came in 38th. So she really had a personal vendetta to come back here and kick some butt, and she did. I wrote all my letters home already saying the probability of one of us coming home with a medal is very high, so here it is. Both of us have been shooting scores capable of winning regularly."

"I knew she could do it."

Nancy's confidence soared knowing she had the Army in her corner. "They've played a huge role," she said. "Colonel Arch Arnold has given me permission to train at Fort Benning, which I started doing about 3 1/2 years ago. That's been really instrumental because there aren't many places in our country to train, and Fort Benning has one of the best facilities in the country."

"Even the Army coach has really adopted me. Bill Krilling has been instrumental in a lot of my success." Between rounds Saturday, Nancy turned to husband Ken for advice.

"I didn't say anything magical, but at the same time, I think I knew what to say. But, hey, she was the one who pulled the trigger. It's hard to draw a parallel between the Army team and a husband-and-wife team because a husband-and-wife team is so much more to me. But our Army team is very close-knit. If one of us wins a medal, it's just as good as the next guy winning a medal. That's awesome. And this can get very contagious. She's just beside herself right now," said Johnson.

"It could've been the last gold medal and it could've been one in the middle. But being that it's the first, and from the United States, and my wife — you can't beat that."

# Peake selected as U.S. surgeon general

## Army News Service

**WASHINGTON** — Lt. Gen. James B. Peake was sworn in as the Army’s 40th surgeon general Sept. 22 in a Pentagon ceremony in which Army Chief of Staff Gen. Eric K. Shinseki pinned on the “top doc’s” third star.

In the ceremony, Peake also became the commander of U.S. Army Medical Command, Fort Sam Houston, Texas. In both positions, he replaces Lt. Gen. Ronald R. Blanck, who retired from active duty June 30 after 31 years of service and nearly four years as the Army’s surgeon general.

A graduate of the U.S. Military Academy and former infantry officer, Peake has been serving as acting commander of U.S. Army Medical Command at Fort Sam Houston since June 9. Prior to that, he filled a dual position as commander of the U.S. Army Medical Department Center and School and commander of Fort Sam Houston.

A St. Louis, Mo., native, Peake received his bachelor of science degree from West Point in 1966 and was commissioned a second lieutenant in the infantry. Following service in Vietnam, where he was awarded the Silver Star, a Bronze Star with “V” device and the

Purple Heart with oak leaf cluster, Peake entered medical school at Cornell University in New York. He was awarded a medical doctorate in 1972.

Peake served as deputy commander of the Army Medical Command for 17 months before assuming command of the Center and School and Fort Sam Houston. Prior to moving to Fort Sam Houston, he served as commanding general of Madigan Army Medical Center and the Northwest Health Service Support Activity in Tacoma, Wash., and commanding general of the 44th Medical Brigade and Corps Surgeon for the 18th Airborne Corps at Fort Bragg, N.C.

He also commanded the 18th Medical Command and the 121st Evacuation Hospital in Seoul, Korea, where he also was command surgeon for the 8th Army. Peake began his Army Medical career as a general surgery resident at Brooke Army Medical Center at Fort Sam Houston.

A board certified thoracic surgeon, Peake is a fellow of the American College of Surgeons, a fellow of the Society of Thoracic Surgeons and a fellow of the American College of Cardiology. He is also a 1988 graduate of the Army War College.

His awards and decorations include the Distinguished Service Medal, Defense Superior Service Medal, the Legion of Merit with three oak leaf clusters, the Bronze Star, the Meritorious Service Medal with two oak leaf clusters, and an Air Medal. Peake also wears a Combat Infantryman Badge and a Combat Medic Badge.

*Editor’s note: information obtained from U.S. Army Medical Command releases.)*



# High-tech communications helps soldiers stay in touch

by Karl Weisel

**104th Area Support Group Public Affairs Office**

“I’m next. I’m next,” said Charlie Davidson excitedly as a door swung open and he entered a room in 1st Brigade Headquarters on Friedberg, Germany’s, Ray Barracks. Charlie and his sister, Amanda, were about to “see” their dad, 1st Sgt. Charles Davidson, for the first time in three months. Davidson is currently on duty at Camp Monteith in Kosovo.

“E-mail is great — we email everyday,” said Charlie’s mom, Betty, “but being able to see him, that’s something else.”

Betty, assistant family support group leader for Company C, 1st Battalion 37th Armor, and Bad Nauheim, Germany, community mayor, was looking forward to celebrating her 20th wedding anniversary by “seeing” and talking to her husband via Video Tele-Conference at the brigade headquarters. She and other spouses were among hundreds of family members who have been able to maintain visual contact with deployed soldiers thanks to the technology made available in the evenings by the brigade.

“We’re using the command VTC after 6 p.m.,when it’s no longer needed by the brigade,” said Master Sgt. Ernest Coleman, family support liaison

for 1st Brigade, 1st Armored Division. “In order for us to call we have to be patched through Heidelberg. We call down to Camp Monteith, Camp Bondsteel and Macedonia. This VTC serves the entire 1st Brigade. We have had no units from the 16th Engineer Battalion, because I have been told they are using the ‘web cam’ for their families.

“It’s going pretty well. The big thing is we just started this in August and we really need to let the family members know about it,” Coleman said. “It’s here, and we just have to get the word out. We also need to get the commanders to schedule use of the VTC for their units.”

For Betty, it was the first time she and her husband have been separated for any length of time in their two-decade-long marriage. “We talked on the phone last night and we’re really looking forward to it,” she said.

“You should see the look on the kids’ faces when they come out of the room,” said Coleman. “Of course, there is crying too, sometimes, but it’s great — it’s really great.”

When 1st Brigade units prepared to take over peacekeeping duties in Kosovo earlier this year, Army Community Service began gearing up to better serve family members remaining behind by installing the

VTCs in Family Service Centers. While they were successfully put in place, officials have still not yet worked out all the bugs to provide VTC service to the Balkans.

“Our VTC is fully up and has connectivity with all the Family Service Centers in Germany,” said Sheryl Rogers, Friedberg ACS director. “We also have the video phone connection available. Family members can maintain visual contact with soldiers training in Hohenfels and other areas of Germany. They can also be used just to let the family readiness group know how training is going or when a soldier is assigned to a different installation from where the family is living.”

Rogers added that while it still may take some time to arrange for VTC service to the Balkans, people can use the VTCs and video phones for staff meetings and training conferences within Germany. “They’re especially useful for us because we are geographically separated from our parent organization.”

“I’m a little nervous about it,” said 1st Sgt. Charles Davidson as he temporarily rejoined his family in the Brigade Headquarters via the VTC. “I was definitely looking forward to this. The only bad thing about this is that two soldiers (in his unit) couldn’t be here for the call because of the mission.”

## AC/RC from

Page 1

as their primary combat forces.

Shinseki’s plan takes the program all the way with all the divisions and enhanced brigades.

Under I Corps at Fort Lewis, Wash., California’s 40th Armored Division is teamed with the Army’s 2nd Infantry Division in Korea, while the corps also includes three of the Guard’s enhanced brigades — the 116th Armored Cavalry Brigade in Idaho, the 29th Infantry Brigade in Hawaii, and Washington’s 81st Infantry Brigade.

Under III Corps at Fort Hood, the 7th Infantry Division’s headquarters at Fort Carson, would align with the Guard’s 39th Infantry Brigade in Arkansas, the 41st Infantry Brigade in Oregon, the 45th Infantry Brigade in Oklahoma and the 155th Armored Brigade in Mississippi.

The 49th Armored Division remains paired with the 1st Cavalry Division at Fort Hood; Minnesota’s 34th Infantry Division with the 4th Infantry Division at Fort Hood; and Indiana’s 38th Infantry Division

with Fort Carson..

Kansas’ 35th Infantry Division would fall under V Corps in Heidelberg, Germany, along with Louisiana’s 256th Infantry Brigade (Mechanized) and Tennessee’s 278th Armored Cavalry Regiment.

The XVIII Airborne Corps at Fort Bragg, N.C., includes these relationships: the 29th division with the 10th Mountain Division at Fort Drum, N.Y.; the 28th division with the 3rd Infantry Division at Fort Stewart, Ga.; and New York’s 42nd Infantry Division with the 101st Airborne Division at Fort Campbell, Ky.

The 24th Infantry Division at Fort Riley, which falls under the XVIII Airborne Corps would be aligned with New York’s 27th Infantry Brigade, North Carolina’s 30th Infantry Brigade, Georgia’s 48th Infantry Brigade, Florida’s 53rd Infantry Brigade, Indiana’s 76th Infantry Brigade and South Carolina’s 218th Infantry Brigade.

“Having a training alignment is one thing, but you have to ask to what end?” Shinseki asked. It was the first of a series of rhetorical questions asking how the Guard might configure into missioning. He said

the Guard is capable of augmenting, rotating, back-filling and reinforcing the active force.

“The difference between a mission area and mission is this next step for us to go to the CINCs to explain what we understand are the requirements to get them to accept that there is a requirement for us to do the tough part,” mission, he said, adding that they then could earmark specific units for the requirements.

Shinseki alluded to a timeline for disclosing further details on missioning, saying more would come in the next year.

Army National Guard Director Maj. Gen. Roger Schultz said Shinseki’s announcement was welcomed by the Guard community.

“Having our combat divisions and our enhanced brigades assigned to the Army’s four corps gives us the credibility we have been striving to achieve for the past 10 years, since so many of our citizen-soldiers took part in Desert Shield and Desert Storm,” Schultz said.

*(Editor’s note: Kristin Patterson is a staff writer for National Guard Magazine.)*

SKIP fill



## *Safety first ...*

From left, Spc. Ginger White and Spc. Bryan Beach, 14th Public Affairs Detachment, fasten the straps of their Kevlars in a "humvee." In accordance with Forces Command Regulation 385-1, Forces Command Safety Program, head protection must be worn by all personnel operating or riding as a passenger in Army tactical vehicles in the field.



Photo by Spc. Carrie L. Fotovich





King Battery forward observers wait to observe a round hit a target in the impact area.

Photo by Marco Minero



Photo by Richard Bridges

**ABOVE:** A M109A6  
Paladin Howtizer  
fires on a target  
downrange during  
the X-eval Sept. 11  
to 15.

**RIGHT:** The crew  
inside a Paladin  
prepares to com-  
mence a firing  
sequence.



Photo by Marco Minero



A M109A6 Paladin Howitzer



A 155-millimeter round is  
sequence.



# NTC: training ongoing for Mountain Post soldiers

Story and photos by Spc. Zach Mott  
14th Public Affairs Detachment

**FORT IRWIN**, Calif. — Each day inside the rotational unit billeting area there are many tasks that must be accomplished. They range from basic personal hygiene to force protection missions.

“Getting to take a hot shower everyday helps with morale, a lot,” said Pfc. Chaz Loftin, Company C, 4th Engineer Battalion.

With approximately 4,000 soldiers making the RUBA their home for the first week of this rotation at the National Training Center, space has been hard to come by.



**Private 1st Class Chaz Loftin, Company C, 4th Engineer Battalion, attaches tape to the side of a bulldozer. The tape marks will help indicate the proper depth of fighting positions for the various war-fighting vehicles of the 3rd Brigade Combat Team.**

“I’d rather have my own bed to sleep in, but you take what you can get here,” said Sgt. Adam York, Company B, 2nd Battalion, 5th Infantry, 25th Infantry Division (light), Schofield Barracks, Hawaii.

With so many soldiers living in one area, a security force has been established. This security force is manned by soldiers from the 2nd Bn., 5th Infantry who all points of entry and the towers surrounding the perimeter. In addition to these guards, there is a quick reaction force that is able to quash any uprising, should that situation arise.

“There is a large amount of soldiers inside; I wouldn’t want to be responsible for their ‘death,’” York said.

Every day, soldiers are treated to two hot meals, and one Meal, Ready to Eat. If a soldier would rather go for non-Army chow, the RUBA also has a shopette, stocked with many items soldiers crave, as well



**Sergeant Adam York, Company B, 2nd Battalion, 5th Infantry, 25th Infantry Division (light), Schofield Barracks, Hawaii, checks the identification of a soldier before he allows him to enter the rotational unit billeting area.**

as a restaurant serving up everything from burritos to sandwiches.

“It’s nice because we can get a good bite to eat before we go out to the box,” Loftin said.

While soldiers are deployed to locations far from their home, contacts with those they left behind can be few and far between. While they are staying in the RUBA, soldiers have been able to use the phones to



Private 1st Class Todd Ingebrit, 725th Maintenance Support Battalion, Schofield Barracks, Hawaii, sweeps the shower facilities at the rotational unit billeting area at the National Training Center.

call **NTC**  
from Page22

their loved ones every day, helping keep that connection that a personal conversation helps maintain.

“There are plenty of phones here — you never have to wait in line to call home,” York said.

Soldiers began to leave the RUBA Friday and go into the maneuver area, or “box,” where they will spend the next 14 days battling the Opposing Forces of Fort Irwin’s 11th Armored Cavalry Regiment.

“I can’t wait to get going,” Loftin said. “The sooner we start training, the sooner we can get home.”



Specialist Marc Iman, 1st Battalion, 143rd Field Artillery, California Army National Guard, shaves before another day of life inside the rotational unit billeting area.



An M109-A6 Self-Propelled Howitzer leads the way as other tracked vehicles remain in the staging area of the rotational unit billeting area.



# First partnership recruit arrives for training

by Pearl Ingram  
Army News Service

FORT KNOX, Ky. — The first soldier to ship for training under the Army’s new Partnership for Youth Success program started his training at Fort Knox at the end of August.

Pvt. Kristin Kimari, from San Diego, Calif., will be eligible for employment with General Dynamics Land Systems following his completion of training and term of enlistment as an Abrams tank system maintainer.

“It was like icing on the cake,” said Kimari, who also receives a \$5,000 cash enlistment bonus and \$33,000 in money for college for his three-year enlistment.

“All this attention is a bit overwhelming,” he said about being the first soldier to arrive for training under the new program.

Kimari said he had often thought about coming into the Army. He had even talked with a recruiter shortly after high school graduation but later changed his mind. He had always wanted to work with turbine engines and for awhile found employment working on cars.

“That was too greasy and dirty,” he said. He later

worked in sales, and prior to enlisting, he worked for his father in the family’s financial planning company.

Jim Birdwell, a human resources specialist with General Dynamics Land Systems, Sterling Heights, Mich., met with Kimari at Fort Knox to answer questions he had about his future employment.

“It’s a win-win situation,” said Birdwell. “Private Kimari is going to win because he is going to get excellent training. We’re going to win if we get his qualifications after he gets out of the military. And, on the other side of the house, if he stays in the military, the military is going to keep an excellent person.”

The Partnership for Youth Success program, better known as PaYS, allows the Army to gain new enlistments without competing with civilian employers for the same highly qualified men and women. The Army hopes to share qualified individuals by first training and providing hands-on skills during their enlistment. Those who choose not to remain in the Army can go on to have a bright future with an employer after completing their enlistment.

Secretary of the Army Louis Caldera announced the new recruiting program to more than 70 corporate chief executive officers and human resource directors

at the Investment in America Forum in Washington, D.C.

Along with General Dynamics Corporation, the Pepsi Bottling Group recently became an Army partner in the PaYS program. Other companies considering joining with the Army are Goodyear Tire and Rubber and State Farm Insurance.

“I’m happy that he was able to get the job he wanted,” said Sgt. Karl Hutson, Kimari’s recruiter at the Santee, Calif., recruiting station. “It always makes you feel good when that happens.”



Show me the money



Yates

by Sgt. 1st Class  
Ricky D. Yates  
1st Battalion,  
8th Infantry

To improve physical fitness, you need to increase exercise and reduce dietary fat. To improve fiscal fitness, you need to increase your savings and decrease your spending.

This is easier said than done. Most people don’t realize what a little money can do over a long period of time. If you start saving at age 20 and save \$50 per month for 45 years and get an average return of 10 percent you will have saved \$524,125. This is accomplished with only \$27,000 of your own money. How can you find the money to do this? Just follow these simple suggestions.

Develop a spending plan that works — better

known as a budget. A successful spending plan will include greater income than expenses and money available to invest for the future.

Reduce your grocery bills by stocking up on items when they are on sale. Shop with a list with a “bottom line” figure which will reduce impulse buying. Score a double play when shopping by using coupons on items already on sale. It is cheaper to buy store brands and generic foods opposed to name brands. Take advantage of store promotions such as double coupons, commissary best value items or two -or-one deals.

Reduce housing and utility expenses. Doing repairs yourself and shopping around for the best buys on materials can help do that. In the summertime, use fans instead of air conditioning and hang clothes out to dry instead of running the dryer. In the winter you can cut costs by putting on more clothes instead of turning up the thermostat. Close off the rooms not in use to conserve heat. Caulk or install weather-stripping around windows to ensure they are properly sealed.

Lower transportation costs by planning your trips to reduce driving time. Keep your engine properly

tuned and the correct air pressure in the tires. When purchasing insurance, shop around for the best rates. Choose a higher deductible, which will lower your premiums and take advantages of discounts offered by the insurance company. Save to purchase a car. Don’t finance your down payment; this can cost you several thousand dollars.

Holiday shopping can be a spending trap. Start your shopping season early by taking advantage of the lay-away plans most stores offer. Plan for holiday shopping by setting a spending limit on everyone on your shopping list.

Make sure you are having the right amount of taxes withheld from your wages. Most people think that if they have the maximum amount withheld that will give them a type of savings. Think again, Uncle Sam is not going to pay you any interest on the money you are paying in. In some cases this is where you can get that \$50 needed to invest each month.

If you are interested in becoming a millionaire in your golden years, see your command financial non-commissioned officer for more information.



Dining Schedule

Weekday Dining Facilities

A La Carte Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)  
3rd ACR CAV House (building 2461)  
Butts Army Airfield (building 9612)

Standard Facilities

3rd ACR Patton House (building 2161)  
10th Special Forces Group (building 7481)

Weekday Meal Hours

Mon., Tue. and Wed.		Thurs.
Breakfast	7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	5 to 6:30 p.m.	4 to 5:30 p.m.

Week of Sept. 30 to Oct. 6

Exceptions

- Iron Bde. Dining Facility is closed through Oct. 17 during the National Training Center deployment.
- Patton House Dining Facility is open for three meals daily, including weekends, while Iron Bde. is closed.
- Butts Army Airfield Dining Facility is open for lunch only.
- 10th SFG (A) meal hours are the same Monday through Thursday.
- Mountaineer Inn Dining Facility is closed until further notice.

Weekend and Oct. 6 Training Holiday  
Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)  
3rd ACR Patton House (building 2161)

Saturday and Oct. 6 Training Holiday  
Meal Hours

Breakfast	8 to 10 a.m.
Lunch	11:30 a.m. to 1 p.m.
Dinner	4 to 6 p.m.

Sunday Brunch/Supper Meal Hours

Brunch	9 a.m. to 1 p.m.
Supper	3:30 to 6 p.m.


Family members are cordially invited to dine at Fort Carson dining facilities.

Enjoy a meal at your favorite dining facility.

On the Bench

WCAP boxers help children learn boxing skills

by Walt Johnson  
Mountaineer staff



*It wasn't the best week I've spent in the sports world last week gang. "That team from Texas" won the Monday night game in Washington, the New York Knicks traded Patrick Ewing to the Seattle Supersonics and the New York Yankees are playing like the Chicago Cubs (sorry Cub fans). Things got a little better for me on Sunday as "that team from Texas" stunk up the joint in losing to the San Francisco 49ers and the New York Jets came from behind to beat the Tampa Bay Buccaneers. Well, I hope now that the guys are back from Bosnia, the local sports scene will pick up for me.*

**Johnson**

I got the opportunity to visit the youth center Sept. 19 and watched World Class Athlete Program boxer James Webb put on a clinic for the youth center patrons on self-defense.

According to the youth center's fitness coordinator Kathie Rawson, a certified fitness instructor, the main focus of the event was teaching the kids proper boxing techniques.

"We wanted to teach the kids lessons on proper boxing techniques and we were fortunate to have James Webb and John Medina come over from the World Class Athlete Program to help us. We didn't have the children sparring with each other, instead we wanted to teach the kids the basics of boxing. The two athletes did a wonderful job of giving the children some of the pointers they need."

**Speaking of Webb, he informed me that he will be leaving the Army in about a month to begin a**



Photo by Walt Johnson

Lead with the right.....

**World Class Athlete Program boxer James Webb shows Kendria Bigbee the proper techniques for throwing a punch at the post youth center's training facility Sept. 19.**

**professional boxing career.**

Webb is one of the best people you would ever meet and certainly the kind of young man every dad hopes his daughter brings home. But that is secondary to the fact that I think Webb is going to be a very good professional fighter. Webb's one of those

amateur fighters who will do much better at the professional level because his style is better suited for the professional game. I wish him the best because he turned out to be one of my favorite people on the

See Bench Page 31



# Bench

From Page 31

sports beat here.

**People can still sign up for the first Mr. and Ms. Fort Carson bodybuilding championship.**

The entry fee for the Nov. 11 contest is \$15. The event will take place at the post theater with a pre-judging contest at 10 a.m. and the show will take place at 6 p.m. The contest is open to all active duty military, Department of Defense military identification card holders, reservists and national guardsmen. For more information on the contest contact John Mason at 526-8465 or 526-0331 or Becky Rudder at 526-2137.

**Now I am still trying to get to the bottom of this but someone who is responsible for taking care of our children may have done them a disservice.**

Rumor has it, from a very reliable source no less, that we have a youth center sports coordinator to blame for inflicting an injustice on some very wonderful children. It seems the coordinator had the choice of teams she could have used for team nicknames and she chose to dress one team in the “prison” blue and white of “that team from Texas.” I will track down this rumor for you and let you know if there is any truth to it. I have also heard there were some “that team from Texas” fans that “convinced” her that she should outfit the kids in those jerseys. I’ll get to the bottom of it, gang.

**The post soccer team continued its winning ways defeating “Biscuits and Gravy” 6-2 at the Mountain Post Sports Complex.**

In the first half the post team got goals from Pachó Comacho and Vic Rojas to take a 2-0 lead after one half. In the second half the post team scored the first goal as Comacho made the score 3-0. After an Air Force goal, Luis Peugnet scored to make the score 4-1. The Air Force team tallied again before

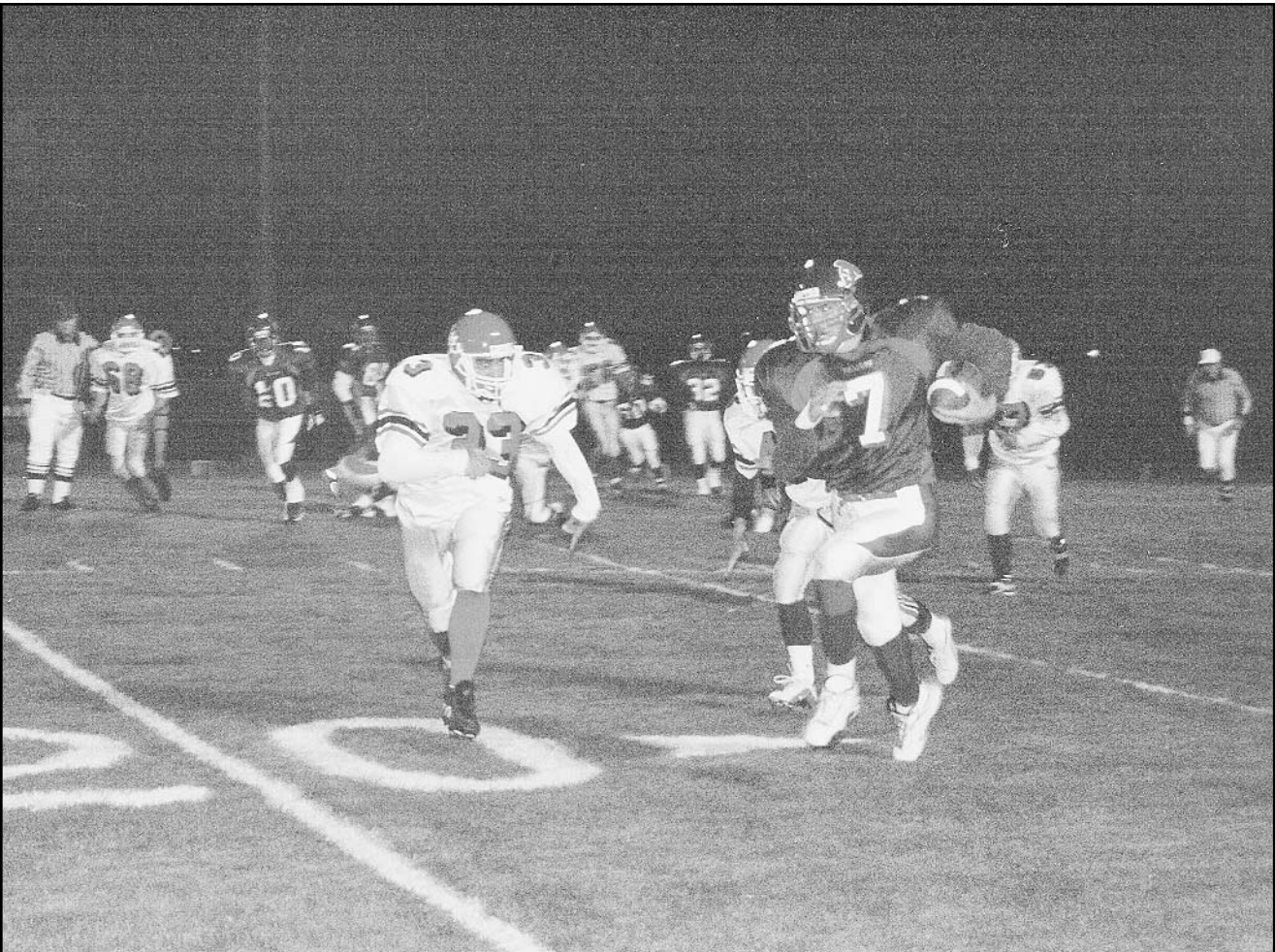


Photo by Walt Johnson

## Trojans homecoming...

**Fountain-Fort Carson Trojans quarterback Kyle Weltie runs away from a Liberty High School Lancer defender during the first half of the Trojans homecoming game. Liberty came from behind to defeat Trojans as the Lancers stopped Weltie on the two-yard line to earn the victory. The loss dropped the Trojans season record to 3-1. The Trojans next game will be against XXXXXXX on XXXXX at XXXXXXXXXX.**

goals by Comacho and Rojas scored to make the final 6-2. Rojas goal was a header off a pass from Saul Frayre.

The post team will be in action again Sunday at 3

p.m. against the Chargers at the soccer field adjacent to Forrest Fitness Center. Anyone interested in playing for the team should come to the practice sessions on Tuesday and Thursday at the game field.

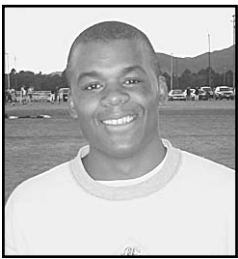


Pigskin  
Picks

College/NFL Week 5



Hunter Reehm  
Army Space Command  
(last week's winner)



Donald Childress  
148th Military Police  
Detachment



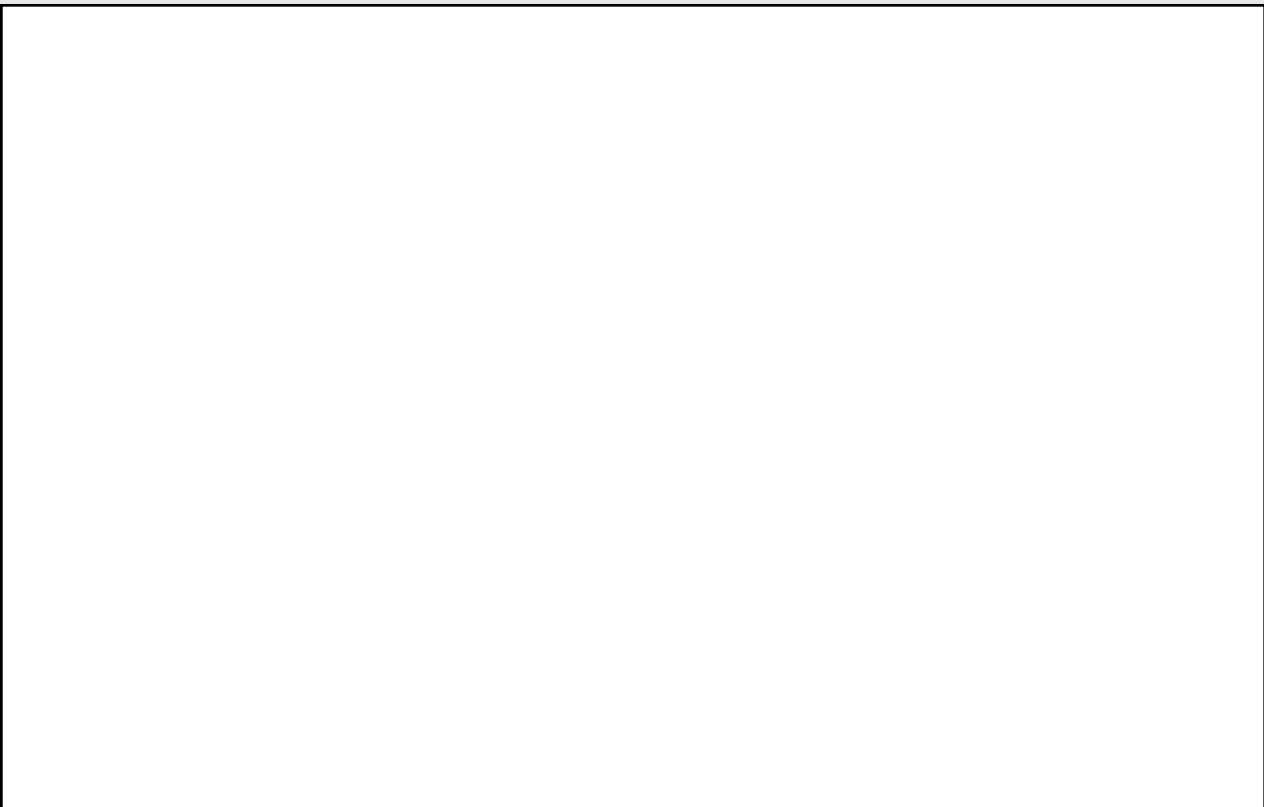
Felita McCullough  
S & T Spt. Sqdn.  
3rd ACR



Greg Stolberg  
4th Finance

Wisconsin at Michigan	Michigan	Wisconsin	Michigan	Michigan
Washington at Oregon	Oregon	Oregon	Washington	Washington
Alabama at South Carolina	South Carolina	South Carolina	South Carolina	South Carolina
Kansas State at Colorado	Kansas State	Kansas State	Kansas State	Kansas State
Atlanta at Philadelphia	Philadelphia	Atlanta	Atlanta	Philadelphia
Arizona at San Francisco	San Francisco	San Francisco	San Francisco	San Francisco
Dallas at Carolina	Dallas	Carolina	Dallas	Carolina
Chicago at Green Bay	Green Bay	Green Bay	Green Bay	Green Bay
Minnesota at Detroit	Minnesota	Minnesota	Detroit	Minnesota
Tampa Bay at Washington	Tampa Bay	Tampa Bay	Tampa Bay	Tampa Bay
N.Y. Giants at Tennessee	Tennessee	Tennessee	N.Y. Giants	N.Y. Giants
Indianapolis at Buffalo	Indianapolis	Indianapolis	Indianapolis	Buffalo
New England at Denver	Denver	Denver	Denver	Denver
Baltimore at Cleveland	Baltimore	Baltimore	Cleveland	Baltimore
Pittsburgh at Jacksonville	Jacksonville	Jacksonville	Jacksonville	Jacksonville
Seattle at Kansas City	Seattle	Kansas City	Kansas City	Kansas City

# Mountaineer Sports Spotlight



## *Spinning the way to good health ...*

Gina Casanova, left, leads a spinning class at the Post Physical Fitness Center Sept. 21. Spinning classes are a great way to build up cardiovascular health and to get in or stay in shape. Spinning classes are offered at 11:45 a.m., 3:30 and 5 p.m. each day. For more information contact Steve Rex at 524-1163.

Photo by Walt Johnson

Game

From Page 29

in the first half, settling for a 6-6 tie.

The second half settled into a defensive struggle that saw both teams miss opportunities to mount scoring drives and it looked like the game was going to be decided by the team with the most penetration as the clock

wound down toward the end of the second half.

With about one minute and 45 seconds left in the game, the Engineers began a drive that would prove to be the game winner, but was by no means easy.

The Ordnance defense would not allow the Engineers to get huge chunks

of yards but the Engineers got enough yards to keep its drive alive.

Facing the possibility of running out of time, Molina again hooked up with one of his outstanding receivers, James Lee, to get the game winning touchdown with 20 seconds left in the game.

“All I could think about as the ball

was coming to me was we had to win in regulation time in order to take care of our business,” Lee said. “I just asked Molina to throw the ball up to me because I really didn’t think there was anyone they had that could hold me,” Lee added.

He was right as he grabbed the pass from Molina for a winning score.



Gordon Molina, 52nd Engineers quarterback, fires the ball to a receiver in the first half.



52nd Engineer defender Sam Woodberry, left, closes in on a 60th Ordnance runner in the second half.

Photos by Walt Johson



# Sports & Leisure



52nd Engineers quarterback Gordon Molina jumps and throws to avoid a heavy rush from a 60th Ordnance defender



The 60th Ordnance quarterback barely gets a pass off upfield before the defensive line of the 52nd Engineers closes in on him.

## 52nd Engineers defeats 60th Ordnance

by **Walt Johnson**  
**Mountaineer staff**

The 52nd Engineers football team showed up at the Mountain Post Sports Complex determined to keep its winning ways alive against a 60th Ordnance team that has yet to win a game.

This game looked like it would be similar to the Baltimore Ravens playing the Cincinnati Bengals, one team that is loaded with talent and one team that will fight with all it has but just not have enough talent to get the job done.

The Engineers' only defeat this year came on a game decided by the penetration rule where the team that goes deeper into the opponents territory wins the game.

The Ordnance team's closest chance at victory came in a tie game played last week. That is why they play these games — to see who will win in spite of the odds.

Before the game the 60th Ordnance team was as loose as wheels on a car that aren't bolted in place. The players were excited about the game and some even predicted a victory over a team that, on paper, was clearly the better team.

For their part the Engineers came out in workman-like fashion. They had a bit of confidence in their walk but they seemed to want to get on with the task of winning the game.

The first couple of series for both teams showed what their emotions were, as neither team could mount much offense and punted the ball after three downs.

On the third possession of the first half, the Engineers mounted the first

offensive scoring drive of the game. Engineers' quarterback Gordon Molina began finding his receivers down the field and got the Engineers down to the 23-yard line.

The Ordnance team defense buckled down at this point and with a third down situation staring him in the face, Molina decided to go to his best receiver, Sam Woodberry, and his choice turned out to be golden.

Molina dropped back to pass and lofted a high pass in the direction of Woodberry who outleaped Ordnance defenders and turned and got into the end zone for the first touchdown of the game.

"I know Woodberry can out jump people so I just wanted to get the ball in the air and let him come down with it," Molina said. "He reminds me a lot of Randy Moss, we just put the ball up there and let him go get it," Molina added.

Woodberry said the scoring play was not as easy as it looked from the sideline.

"The ball was actually a bit under thrown and I had to come back and get it. But that is what my teammates expect from me. Once the ball is thrown up, the rest is up to me," Woodberry said.

After the Engineers missed the extra point, the Ordnance team sent out a clear message that they were not about to go away quietly. On their next possession the team marched 60 yards down the field, with Lamont Brown carrying the ball the last 10 yards for the tying touchdown just before half-time. Neither team would score again



Photos by Walt Johnson

52nd Engineers receiver Ryan Mendoza tightropes the sideline after catching a pass early in the first half of the game Monday at the Mountain Post Sports Complex.

See Game, Page 34



*Running to daylight...*

Trayvon Hamilton, a Fort Carson Youth Center Cowboy, runs to daylight as the team's opponents, the Vikings, attempt to slow down his progress. The youth center teams play each Tuesday at 6 p.m. and Saturday beginning at 9 a.m. just south of the Mountain Post Sports Complex.

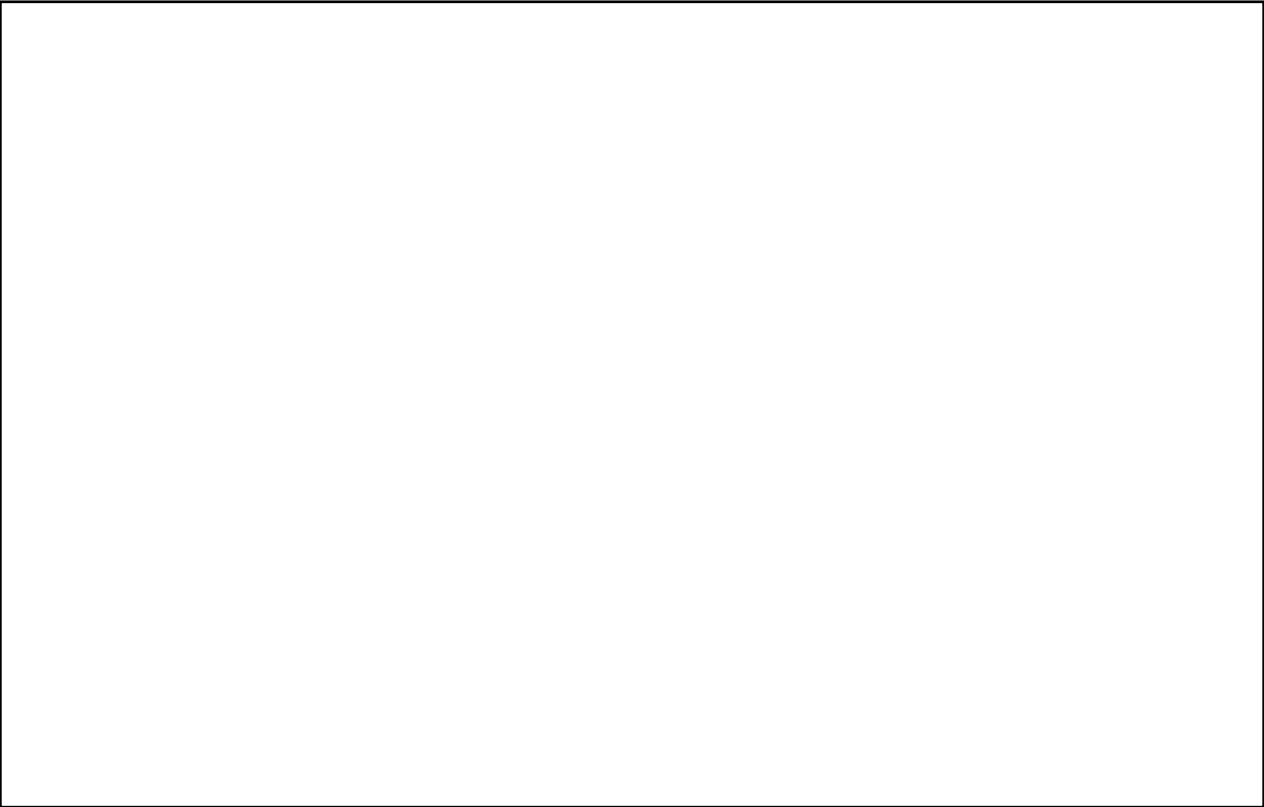
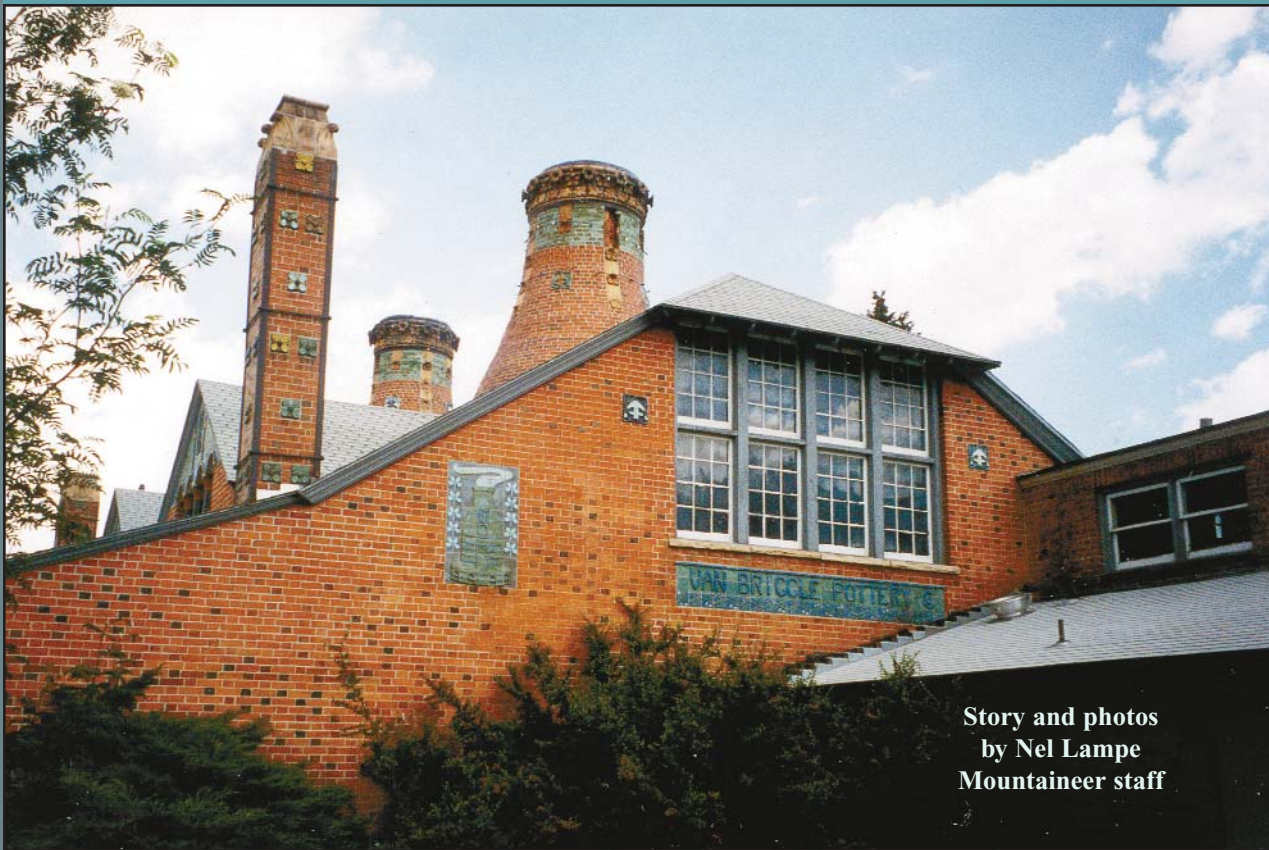


Photo by Walt Johnson

# VAN BRIGGLE

## pottery for 100 years



Story and photos  
by Nel Lampe  
Mountaineer staff

The Van Briggles Pottery building, finished in 1907, is decorated with the company's tiles. The building is now owned by Colorado College.

For 100 years some of the world's best pottery has been made in Colorado Springs, at Van Briggles Pottery.

The company's founder, Artus Van Briggles, came to Colorado for his health in 1899, hoping to be cured of his tuberculosis by the clean, dry climate which had cured others.

While here, Van Briggles looked for clay in the local area, perfected his glaze technique and worked on his designs. He was already well known in the art and pottery field by the time he arrived at the age of 30.

Several members of Van Briggles' family were artists and he showed artistic skills as a young child. He first painted dolls and later began as an apprentice in the pottery industry. He was employed by the famous Rookwood Pottery Company in Ohio, becoming one of its leading artists. He started experimenting with pottery glazes while at Rookwood.

When he was 23, his employer sent him to Paris for further study. While there, Van Briggles saw pottery collections in French museums and became interested in Oriental pieces, especially those with a "dead glaze."

While studying in Paris, Van Briggles met another American art student, Anne Gregory. They became engaged.

When their studies in Paris were completed, Van Briggles and Gregory returned to their homes in the United States.

Back at Rookwood Pottery, Van Briggles continued his work with glazes but became ill. He soon moved to Colorado Springs for his health.

A year after Van Briggles' arrival, his fiancée took an art teacher position in Colorado Springs and began helping in Van Briggles' workshop. They were married in 1902.

Through his experiments Van Briggles discovered the formula for the dead or matte glaze, also known as the Ming glaze, which had been lost for centuries.

Van Briggles sent his pottery to the Paris Exposition and received world attention. An exhibit in Colorado Springs, containing 300 pieces, was sold out almost immediately.

One of Van Briggles' oldest and most famous pottery pieces is known as the "Lorelei," a vase named for the mythical creature who, according to legend, lured fishermen's boats onto the rocks in the Rhine River.

An 1898 Lorelei vase is on permanent loan to the Metropolitan Museum of Art in New York and is worth thousands of dollars. The Lorelei vase is the most popular piece at the Van Briggles Pottery Company; thousands have been sold over the years.

Artus Van Briggles' health continued to decline and he died in 1904 at the age of 35. His wife, Anne, continued running the business until 1912, when she moved

See Pottery, Page B-2



Colorful pieces of art pottery fill the Van Briggles showroom.

# Fort Carson



A pull-out section for the Fort Carson community  
September 29, 2000



**Pottery**

From B-1

to Denver.

The Van Briggles company had operated at several locations until a building was completed in 1907, near what is now the corner of Uintah and Interstate 25. It is called the memorial building. The red-brick building is distinguished by its oddly shaped chimneys, trimmed with Van Briggles tiles. The building is patterned somewhat like a Dutch farm house.

The company still retains the Van Briggles name, although it has changed hands a few times. Many of Van Briggles's original designs and glazes are still produced, such as the Lorelei vase. His glaze formula still glazes pottery pieces.

To mark the 100-year anniversary, Van Briggles Pottery is reproducing the Lorelei vase in the size and color of the famous 1898 piece in the New York's Metropolitan Museum of Art. It is being reproduced in the original glaze color, Deep Sea, as well as three other colors.

The memorial building no longer houses the pottery company which moved to its present location in 1955, the historic, former Midland Railroad Roundhouse.

Built in 1889, the roundhouse was the maintenance facility for the Midland Railroad, which had carried gold ore from mines in Cripple Creek to the gold processing plant in Old Colorado City. The large doors used for moving trains in and out of the roundhouse are a feature retained by the Van Briggles company. The Midland Railroad stopped using the building in 1949. It is on the National Register of Historic Places.



Lateefah Wright prepares the glaze to be used on pottery.

The memorial building is now owned by Colorado College and serves as a maintenance facility. The building is decorated with Van Briggles tiles, inside and outside.

Van Briggles's early pieces were not one-of-a kind designs, but were cast from molds, allowing his pieces to be more affordable. The company also produced tiles from 1904 until 1920, and some houses built in Colorado Springs during those years may have Van Briggles fireplaces.

One such priceless fireplace is housed in the Pioneer Museum, along with a collection of dozens of pieces of Van Briggles art pottery. The Van Briggles collection occupies an entire room on the museum's first floor.

Although it didn't cost much to purchase a piece of Van Briggles art pottery 90 or 100 years ago, early pieces of Van Briggles pottery are now in demand, according to Bertha Stevenson, who along with her son Craig, runs the Van Briggles company. Mrs. Stevenson's husband, Kenneth, had worked at the Van Briggles company for a decade before becoming a principal owner in 1969.

Part of Mrs. Stevenson's personal collection of Van Briggles art pottery is on display in the company's building to mark the company's 100 years.

Van Briggles art pottery is displayed in some of the world's most renowned museums, such as the Louvre in Paris, the British Museum in London, at Princeton University, the Smithsonian and the rare 1898 piece which is in New York's Metropolitan Museum of Art.

Van Briggles pottery is quite popular with collectors and is frequently discovered on on Public Broadcast Systems' "Antique Roadshow," in attics, garage sales and antique shops. Mrs. Stevenson said the more valuable pieces usually are marked and dated before 1920.

Owners of pieces of Van Briggles art pottery may have their pieces evaluated by personnel in the company showroom during regular business hours. Mrs. Stevenson said company employees will examine fireplaces for homeowners who think they may have a Van Briggles fireplace. Call 633-7729 to make arrangements.

The 1998 collectors' piece, Three Angels, was produced in 250 copies, all of which have been sold. This year's collectors' piece, designed by Craig Stevenson, is called Four Seasons.

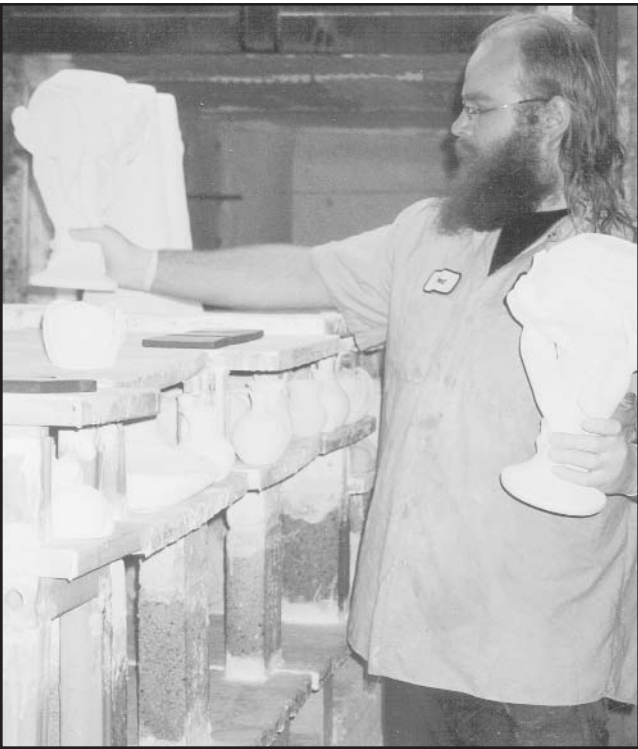
Visitors may take a free, self-guided tour of Van Briggles Art Pottery, Monday through Friday, between the hours of 8:30 a.m. and 4:30 p.m. year around. However, the company is not in full production in January. Reservations are not necessary.

Visitors may see a potter throw a pot on a potter's wheel, watch artists at work, ask questions and visit the showroom.

Van Briggles Art Pottery is located at the corner of Highway 24 West and 21st Street. Take Interstate 25 north to the Cimarron Street exit, and go west. At 21st Street, take a left and drive past the building, turning right into the free parking lot.



Gary Dhondt dips a piece of pottery in the glaze formula.



Dene Kiser lines up pottery pieces ready to be fired in the kiln.

**Just the Facts**

- **Travel time** 20 minutes
  - **For ages** all
  - **Type** Pottery company
  - **Fun factor** ★★ ★ 1/2 (Out of 5 stars)
  - **Wallet damage** free entry
    - \$ = Less than \$20
    - \$\$ = \$21 to \$40
    - \$\$\$ = \$41 to \$80
- (Based on a family of four)



Tina Ufford starts with a piece of clay on an 80-year-old potter's wheel, and in minutes has turned it into a piece of pottery.



## Community Events

### Family Readiness Center

**The Financial Readiness Center presents a Financial Planning Class for first term soldiers from 9 a.m. to 5 p.m. Oct. 27 and Nov. 17 at McMahon Theater.** The class provides financial readiness education. For more information, call 526-4590.

**The Financial Readiness Center presents a brown bag luncheon seminar Oct. 20 and Nov. 17 from 11:30 a.m. to 1 p.m.** The class provides financial readiness education. For more information, call 526-4590.

**The Financial Readiness Center presents a Credit Builder Plus Seminar Oct. 26 from 4 to 5:30 p.m.** The class provides information on establishing or re-establishing credit. For more information, call 526-4590.

**The Family Member Employment Assistance Program will present a resume workshop Wednesday** on how to write a cover letter, a variety of resume styles in which to showcase your experience to hold the attention of the employer, and many points on interviewing techniques. For more information, call 526-0452.

**The Family Member Employment Assistance Program will be conducting an interviewing skills workshop from 1 to 6 p.m. Oct. 11.** The workshop will include many points on interviewing techniques, styles of interviews and dressing for success. For more information, call 526-0452.

**The Family Member Employment Assistance Program will sponsor a recruiting day for Staff Solutions Oct. 17 and 31 from 9 to 11:30 a.m.** Staffing Solutions is a full-service staffing agency offering temporary, temp-to-hire and direct hire opportunities in clerical, administrative, construction and light industrial fields. For additional information, call 526-0452.

**Army Community Service offers a monthly class on Understanding the Immigration Process every second Monday of the month from 11 a.m. to 12:30 p.m.** Attendees will receive information on the entire realm of immigration process and the effect that PCS orders have on the process; petitioning for immediate and preference relatives, assisting relatives and friends in applying for a temporary visitor visa into the United States. For more information, call Joe Camacho at 526-4590.

**The Financial Readiness Debt Management Program is available to help active duty, family members, retirees and Department of Defense civilians with debt problems.** For registration and more information, call 526-0449.

## Miscellaneous

**The Fort Carson Post yard sale will be Oct. 7.** If weather is inclement, then the sales will be held on Oct. 8 or the next Saturday. For more information, call 526-4590.

**The Fort Carson Restoration Advisory Board will hold an open meeting Oct. 12 at 6:30 p.m. at the Contractor Storage Yard.** The meeting allows for the public to learn about environmental restoration projects on post. For more information, call 526-8001.

**The Fort Carson Disability Awareness Month will be held Oct. 25 from 1 to 3 p.m. at the Elkhorn Conference Center.** Dr. Dean Allen of Penrose-St. Francis Health Services will be the guest speaker. There will be music, entertainment and refreshments, Tickets are need for admission. For more information, call 526-4413.

**The Salvation Army's Annual Civic dinner Oct. 5 at 6 p.m. at the Sheraton Hotel at I-25 and Circle.** The evening entertainment will be Steve Amerson. for more informtion, call 636-3891.

**DRMO will hold a sealed bid zone sale Thursday.** Bids will be opened at 7:30 a.m. Inspections will be held Monday, Tuesday and Wednesdayz at 7 a.m. to 4 p.m. Bids will be accepted during the inspection period.ms being offered include computer equipment, office supplies and equipment, furniture and clothing. For more information, call 526-6836.

**The Fort Carson Equal Employment Opportunity will offer training in Dealing with Difficult People** for all employees Tuesday and Thursday from 8:30 to 11 a.m. Registration will be accepted until Tuesday. For more information, call 526-4413.

**Child and Youth Services currently has openings for Family Child Care providers.** FCC providers are needed both on- and off-post. Free training, free child care during training classes, a free starter kit and free use of the toy/equipment lending library will be provided. An orientation class is conducted the first Friday of each month at 1 p.m. at Child and Youth Services, building 5510, on Harr Avenue. If interested, call the Family Child Care offices at 526-3338.

**The Fort Carson Officers' Wives' Charitable Organization has Fort Carson afghans and cook-books for purchase.** The cost is \$48 per afghan and \$9 per book. Please contact Kim Salazar at 579-0751 or Tina Price 538-8472 for more information.

**Boy Scouts Unit 264 will begin selling Trail's End Gourmet Popcorn today through Monday** The popcorn sale helps to provide supplemental income of finance Scouting activities. They will also be selling the tins at the Post Exchange and the Fort Carson commissary on weekends.

**The TRICARE Senior Prime Young at Heart Group will meet at the Wellness Center in the Pine Room Tuesday from 10 to 11:30 a.m.** The presenter will be Jim Tackett from the El Paso County Veterans' Services. For more information, call 526-3887.

**The Army and Air Force Exchange Service is increasing its Deferred Payment Plan interest rate from 13.75 percent to 14.25 percent.** The raise follows the Federal Reserve recent increase in the prime interest rate to 9.5 percent. The new rate is lower than the average variable bankcard rate; 16.54 percent for Standard, 16.06 percent for Gold and 16.03 percent for Platinum.

**The Precious Moments Care-a-Van will arrive at the Peterson Air Force Base Saturday from noon to 4 p.m. and Sunday from noon to 4 p.m.** The van tour is a salute to all of America's men and women in the Armed Forces. For more information or a private tour, call Avelin Valvano at (630) 932-9318.

**The Emma Crawford Coffin Races will be in Manitou Springs Oct. 28.** Each coffin must have four runners and an "Emma" as a rider. There is no entry fee. For more information, call 685-5089.

**The Church at Woodmoor presents a quilt show and luncheon, Oct. 14 from 9:30 a.m. to 3:30 p.m. at the church in Monument.** Free admission to

show, lunch is \$8 and will be served between 11:30 a.m. to 1:30 p.m. For more information, call (719) 488-3200.

**Fort Carson Commissary and Post Exchange agent letters are available through the Directorate of Community Activities, Resource Management Division, building 1217, room 162 from 8 to 11 a.m. and 1 to 3 p.m. Monday through Friday.** For more information, call Jane Boozer, 526-3972.

**The Fort Carson Directorate of Information Management is holding Internet classes.**

Programming in HTML Part 1 starts Oct. 24 from 9 a.m. to noon; HTML Part 2 starts Oct. 24 from 1 to 4 p.m; HTML Part 3 starts Oct. 25 from 9 a.m. to noon; HTML Part 4 starts Oct. 25 from 1 to 4 p.m.

Classes are free and fill fast. To register, log on to [www.dfweerc.com](http://www.dfweerc.com) or call 577-7790.

**The Single Parent Group invites all single parents to meeting the last Tuesday of every month from 5:30 to 8 p.m. in building 1526.** The group discusses family issues such as divorce, remarriage, stress and discipline. For more information, call 526-3887.

**The Fort Carson Auto Craft Shop is offering virtually full service auto painting.** Their service provides automotive finishes available in every color and alternate color matches for a precise finish. For more information, call 526-2147.

**Fort Carson Veterinary Treatment Facility asks that pet owners leaving town leave a caretaker permission letter with their pets' caretaker.** The letter should state that the caretaker is authorized to have the pet released to them if the animal is picked up as a stray or allow them to bring the pet into the VTF for medical treatment. For more information, call 526-3803.

**School District 11 is now registering for community education courses which are open to the public.** The fall program includes computer instruction, English as a second language, photography, foreign language to name a few. For more information, call 520-2384.

## Youth

**The Missoula Children's Theater is preparing to cast students in the play "Wiz of the West" Monday from 3 to 5 p.m.** Students from only Carson Middle School and Mountainside Elementary are encouraged to attend auditions at the Mountainside gym. Approximately 50 children will be cast for the play. No previous experience necessary. For more information, call 382-1441.

**The Special Southeast YMCA Activities will hold a carnival Oct. 9 at the Deerfield Hills Community Center from 11 a.m. to 2 p.m. For more information, call 393-9620.**

**The American Intercultural Student Exchange program is looking for host families for high school foreign exchange students.** The students live with families and attend local high schools during their five or ten month cultural exchange experiences. Host families provide these students with a place to sleep, meals and a loving family atmosphere. For more information, call (800) 742-5464, or visit the AISE Website at [www.aise.com](http://www.aise.com).





## Military Briefs

**Volunteers needed for the “adopt a school” program. U.S. Army Garrison is looking for soldiers to help students with reading, teaching chess, need a Bass player, or anyone else interested in helping out.** The school in need of volunteers is Giberson Elementary, which is near Home Base on Farber Street. The program is just getting started and more information will follow. If you are interested, let your chain of command know. For more information call 1st Sgt. Mark Thomas at 526-1591.

**The Officer Candidate School Board meets Nov. 15 and 16.** The board is required for all applicants. Packets for the board must be submitted by Nov. 6 at the 4th Personnel Services Battalion. For more information call 526-1906.

**The Retired Enlisted Association will be starting a new chapter for the Fountain, Widefield, Security and Fort Carson area Oct. 11 at the American Legion at 11 a.m. and 7 p.m.** There will be two meetings available to attend. For more information, call 390-8127.

**Range safety certification has changed from a three-year certification to a one-year certification.** Classes will be held at Range Control every Friday at 1 p.m. Units can schedule a class on other days provided they have at least 25 or more soldiers in attendance. For more information call 526-6330.

**For those needing to take the Command General Staff Officer Course, a point of contact has been set up.** Eligible captains and majors in the Colorado Springs-Fort Carson area should call Lt. Col. Matt Kortrey at 597-6258. Those in the Denver-Fort Collins area should call Lt. Col. Jim Corman at (303) 423-4328.

**The Colorado Military Ball is scheduled for Nov. 11 at the Adam’s Mark Hotel in downtown Denver from 6 p.m. to midnight.** The cost is \$25 per person E-1 to E-4, \$30 for E-5 to E-7, WO1-WO2, O1-O3 and \$50 for all others. Uniform is military mess dress, dress blues, Class A with white shirt and bow tie or civilian formal wear. For more information call (303) 677-8854 or (303) 677-8776.

**The Army Career and Alumni Program is sponsoring an employer-recruiter day today from 9 to 11 a.m. at building 1219, ACAP classroom.** For more information, call 526-1002 or 526-0640.

**The new Central Issue Facility requests soldiers not to block or park in the parking lot during railhead operations.** It prevents movers from accessing the building. For more information, call 524-0411.

**Missouri Air National Guard has openings for officer and enlisted positions.** Call to find out how to apply for our new state tuition. Call DSN 490-

8613 or (800) 870-2166 for more information.

**"How important is Education to personal and/or professional development?" is the essay contest that active duty soldiers can entre through Nov.9.** The post-wide essay contest is part of the Education Center's observance of American Education Week. Winners will be announced during American Education Week. Essay winners will have an opportunity to win one of the awards listed below:

Free Class — National American University, Colorado Springs

Free Class — Pikes Peak Community College, Colorado Springs Military Sites.

Free Class — University of Phoenix, Colorado Springs

\$165 tuition scholarship — Troy University - (on site). Must be eligible for master's degree program

\$108 tuition scholarship — Embry-Riddle University — Undergraduate program

\$183.75 tuition scholarship — Embry-Riddle University — Graduate program

Free teext book for class at Colorado Technical University

Free text book for Scholarship Class with University of Southern Colorado

An application and information can be obtained at the Mountain Post Training and Education Center, building 1117, room 160B.

**The Directorate of Logistics announces classes for October:**

Oct. 16 to 20 and Oct. 30 to Nov. 3, Bus Driver course in building 301.

Oct. 10 and Oct. 11, Forklift Operator course for commercial forklifts at building 301.

For more information, contact your unit training noncommissioned officer.

**The 70th Division Reserve band in Livonia, Mich., is looking for qualified musicians.** For an audition, call (734) 458-6409 or e-mail: [schipp@aol.com](mailto:schipp@aol.com).

**Now on the books is a rule that makes the use of the travel card mandatory for official travel expenses incurred by most DOD and civilian personnel.** See your personnel section for details.

**The 5th Armored Division Association is holding its 54th Annual Reunion Oct. 11 to 15 at Myrtle Beach, S.C.** For more information about the reunion, call Will Cook at (419) 628-4032 or e-mail him at [wc5adww2@wesnet.com](mailto:wc5adww2@wesnet.com).

**Have you ever thought about being an Observer Controller/Trainer?** Across the western United States, from Hawaii to the Dakotas and from Montana to New Mexico, show others what you know about being a soldier. Join the Reserves. The 2nd Brigade, 91st Division, has openings in South Dakota, Utah and Colorado. For more information, call 526-9529.

**The Army ROTC conducts a Green-to-Gold briefing Tuesdays at 11:30 a.m. in the Education Center.** If you are interested in becoming an Army officer and receiving a bachelor’s degree, call Capt. Cindi Basenspiller at 262-3236.

**The United States Air Force Academy Preparatory School is looking for 100 sponsors for students.** If you are an E-7 and above, O-3 and above, or GS-7 and above, and would like to apply, call Capt. Roxanne Skinner at 339-9345 or Alice Franey at 333-9346.

**The Army Career and Alumni Program Center now has set times for clearing.** Monday

**The Fort Cason Thunder Alley Bowling Center is open to the public and also offers bowling leagues.** For more information, call 526-5542.

**Air Force Academy’s next home football-game is Oct. 7 vs. Navy.** Other home games are Oct. 21, Nov. 11 and 18. For ticket information, call (800) 666-8723 or 472-1895.

**The Armed Services YMCA offers Step**

through Wednesday, 7:30 to 9 a.m. and 3:30 to 4:30 p.m., Thursday 9 to 10 a.m. and 3:30 to 4:30 p.m., Friday 7:30 to 9 a.m. and 1 to 2:30 p.m. If you have questions please call 526-1002 or 526-0640, or visit the Web page [www.carson.army.mil/ACAP/acap.html](http://www.carson.army.mil/ACAP/acap.html).

**The Sergeant Audie Murphy Club event calendar is as follows:**

All meetings are held monthly on the third Wednesday of the month at 11:30 a.m. at the Mountain Post Wellness Center on the second floor conference room in the Family Readiness Center.

Induction ceremonies and rehearsals are held at McMahon Theater. All other events are conducted in the main conference room of building 1430. For more information, call 526-2409 or 526-3887.

**Reminder to all soldiers outprocessing:** All personnel are required to begin outprocessing the installation 30 days prior to the date on the orders, regardless of marital status or unit obligations. The Fort Carson Outprocessing Center is located on the second floor of the Welcome Center, building 1218. For more information contact 526-4462.

**The Fort Carson Criminal Investigations Command operates a Fraud, Waste and Abuse Hotline.** The hotline allows members of the community to report incidents of suspected fraud, waste and abuse.

To report suspected cases, call the hotline at 524-1120. Callers can remain anonymous and all information is confidential. Callers must, however, leave enough information about the incident for a follow-up investigation.

***Editor’s note:** The deadline for submitting “Briefs” to the Mountaineer is 5 p.m. Friday before publication date.*

### GSA Vehicle Reminders — General

Services Administration vehicle washes are limited to two per month. Maximum allowed cost is \$10 per wash. The 7th Wave Car Wash, located at 2510 East Boulder, (west of Platte Avenue and Circle Drive) provides GSA washes for \$9.95. Ask for the “Fort Carson GSA Special.” Drivers are encouraged to take advantage of free washes with fuel fill-up where offered. Excessive washes or cost will be billed back to using activity. Fuel purchase problems continue. Drivers are again reminded that only unleaded regular gas may be purchased for GSA gasoline-powered vehicles. Premium fuel is not authorized. GSA Voyager credit cards are for use with the vehicle they are assigned to. They may not be used to purchase bulk fuel in cans. Drivers should always check charge slips for proper entries (type and quantity of fuel, cost per gallon, etc.) before signing the slip. Questions should be directed to the TMP dispatch office at 526-1651.

## Sports & Leisure

**A 5-K and 10-K Volksmarch will be held Oct. 8 starting at Castle Rock Park in Castle Rock.** The race will be from 8:30 a.m. to 12:30 p.m. The event is free and open to the public. For more information, call 591-8193.

**Aerobics classes Tuesdays and Thursdays at the Meadows Park center from 9:30 to 10:30 a.m.** The cost is \$6 for a two month session. The Deerfield Center offers low impact aerobics Mon., Wed., and Fri. from 9:15 to 10:15 a.m. The cost is \$10 for a two month session.

**The Sand Creek Center offers low impact aerobics Tuesdays and Thursdays from 6:15 to 7:15 p.m.** The cost is \$14 for a two month session. For more information, call 393-9620, ext. 130.





Irish party

**An Irish/Scottish ceili** (party) is Saturday at the VFW, 530 E. Pikes Peak Ave., at 7 p.m. Admission is \$4 for adults and \$2 for children ages 6 to 10. Music is provided by the Mountain Road Ceili Band. No experience is necessary — attendees can learn folk-dances at the ceili. Call 598-7901 for information.

Black Watch

**The Black Watch and the Band/Choir** of the Prince of Wales present pipes, drums and highland dancers Oct. 11, in Magness Arena, Ritchie Center at the University of Denver. Tickets are available through TicketMaster, 520-9090 or go online to [www.ticketmaster.com](http://www.ticketmaster.com).

Frontier town

**Buckskin Joe Frontier Town and Railway** has the final day of the season Sunday, and the last day military members can get in for half price — show ID cards. Buckskin Joe Frontier Town and Railway is south of Highway 50 West, on the way to Royal Gorge Bridge — about eight miles past Canon City.

Oktoberfests

**Bavarian oompah music and an Alpine horn-blower highlight the “Coloradofest”** at Royal Gorge Bridge Saturday and Sunday along with German food and music. Buy one admission at full price and get a second admission for half price. Tickets for adults are \$14 and children 4 to 12 are \$12; children under age 4 are admitted free. Gates are open from 8:30 a.m. until 7 p.m. Entertainment is from 10 a.m. until 6 p.m. All rides and attractions are included in admission. The Royal Gorge Bridge is 12 miles west of Canon City off Highway 50 West.

**Oktoberfest** is at Penrose Equestrian Center Saturday, Sunday and Oct. 6, 7 at 5 p.m. to midnight each day. Enjoy family fun, balloon artistry, moon walking, oompah music and dancing, along with Bavarian refreshments for sale. Admission is \$5.

A terrible day

**“Alexander and the Terrible, Horrible, No Good, Very Bad Day,” a musical**, is presented Oct. 8 at 2 and 4 p.m. and Oct. 9 at 9:30 and 11:30 a.m. Tickets are \$7 for ages 3 and older; call 520-SHOW for tickets. The Imagination Celebration performance

is in the Pikes Peak Center. Lobby doors open an hour before each performance for hands-on art activities for children.

Maze

**A five-acre maze** — which looks like a giant sunflower from the air — is open at the Chatfield Nature Preserve in Littleton, near C-470 and Wadsworth Boulevard. Open through the end of October at the Chatfield preserve, hours are from 4 to 9 p.m. during the week, from 10 a.m. to 10 p.m. Saturdays and from 10 a.m. to 6 p.m. on Sundays. Admission is \$7 for adults and \$5 for children ages 3 to 15. For information call (303) 973-169.4

Air Force football

**The Air Force Academy football team** meets Navy Oct. 7 at Falcon Stadium. Call 472-1895 for tickets.

Circus

**If you missed the Ringling Bros. and Barnum & Bailey Circus** last month at the World Arena, you have another chance. The circus is at Denver’s Pepsi Center Wednesday to Oct. 9, then at the Denver Coliseum for performances Oct. 11 to 15. Tickets start at \$12.75 and are at TicketMaster; call 520-9090.

Pueblo Riverwalk

**The Historic Arkansas Riverwalk** of Pueblo is complete, after \$26 million in construction. The project will be officially dedicated at 9:30 a.m. today at the Union Avenue bridge in downtown Pueblo. The fest continues the rest of the day and Saturday. There’s entertainment, music, a 5-kilometer race and food and craft vendors.

Old Colorado city

**The annual “cemetery crawl”** is Saturday and Sunday from 3:30 p.m. to 6 p.m. at the Fairview Cemetery, 1000 S. 26th St. Learn about early pioneers of the area as portrayed by volunteers. Tickets are available at the Old Colorado History Center, 1 S. 24th St., and at the Fairview Cemetery the day of the event. In advance, tickets are \$5 for adults and \$2 for children. The day of the event, tickets are \$7 for adults and \$3 for children. Tickets may be used both days. Call 636-1225 or visit the history center, 1 S. 24th St.

South Pacific

**The Colorado Springs Fine Arts Center** opens the Repertory Theater season with “South Pacific” Oct. 6 through Oct. 22 on weekends. Performances

are at 8 p.m. Friday and Saturday evenings and at 2 p.m Sunday afternoon. Tickets in advance are \$22 in advance, \$25 at the door.

Ute fair

**The Fine Arts Center** hosts a Ute Indian Fair Oct. 7 from noon to 5 p.m. In conjunction with the Arts and Culture of the Ute Indians exhibit now at the Fine Arts Center, the event includes dance and artdemonstrations, food tastings, storytelling and more, and is free.

Concert

**“Jars of Clay”** is in concert at Arnold Hall Theater at the Air Force Academy Oct. 31. Tickets start at \$15; call 333-4497 for ticket information. Coming up at Arnold Hall Theater is “Bill Cosby” Oct. 31 and “Man of LaMancha” Nov. 5. Tickets are available at 333-4497.

Ice show

**“Skate America”** competition is at the World Arena Oct. 26 through 29. Call the World Arena box office at 576-2626 for information.

Ballet

**“Romeo and Juliet”** performed by Les Ballets de Monte Carlo, along with the Colorado Springs Symphony, is Oct. 20 through 21, at the Pikes Peak Center, 190 S. Cascade Ave. Tickets start at \$34 and performances are at 8 p.m. each day; 2 p.m. Oct. 21.

Talent show

**“Valleywood Talent Show”** is at the Fountain Valley Senior Center tonight, from 6:30 to 9 p.m., 5745 Southmoor Dr. Adults are \$7 at the door, and children are \$3 at the door.

Fall bazaar

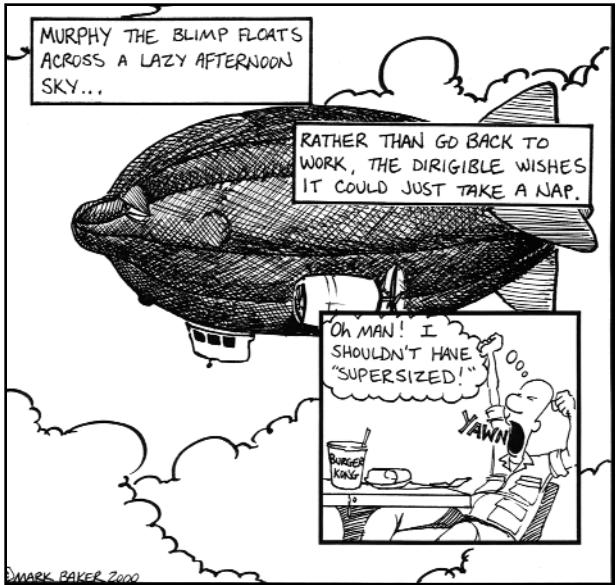
**An arts and crafts bazaar** is Oct. 7, from 9 a.m. to 3 p.m. at the Fountain Valley Senior Center, 5745 Southmoor Drive (Highway 85/87). Handmade crafts, chili and baked goods will be sold. Call 520-6470 for more information.

Emma Crawford races

**The “spirit” of Emma Crawford visits Manitou Springs** each year. Crawford lived in Manitou Springs 100 years ago. According to stories, her coffin washed down from Red Mountain. Manitou Springs citizens celebrate the anniversary by having “coffin” races Oct. 28. The begins at 10:30 a.m. with races and festivities. The media coffin race is at 12:30 p.m. Lantern-lit walking tours are Oct. 27, when visitors visit Emma’s favorite haunts. Call the Chamber of Commerce, 685-5089, for information.

Pvt. Murphy

by Mark Baker



Program Schedule for Fort Carson cable Channel 10, today to Sept. 29.

**Mountain Post Magazine:** Stories on and about Fort Carson soldiers, civilians and family members. Includes 101 Days of Summer Safety videotape on children and airbags. Airs at 7 a.m., 10 a.m., noon, 3 p.m., 7 p.m. and midnight.

**Army Newswatch:** includes stories on the Army dive team, the Achievable Dream program and Olympic pentathlete Spc. Chad Senior. Airs at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

**Air Force News:** includes stories on the 2001 Defense Bill, the new liquid G-suit and fighting wild fires (repeat). Airs at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

**Navy/Marine Corps News:** includes stories on Marines assisting Montana firefighters, training at the Colorado Springs Olympic training camp and the U.S.S. Abraham Lincoln Battle Group. Airs at

8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Community Calendar airs between program showing times.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channels 9 or 10, please contact Douglas Rule at 526-1241 or via e-mail at:

[Douglas.Rule@carson.army.mil](mailto:Douglas.Rule@carson.army.mil) .

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you have story ideas for Mountain Post Magazine, contact st1 Lt. Nadia Calderolli at 526-1265, 1253 or 2941, or email [Nadia.Calderolli@carson.army.mil](mailto:Nadia.Calderolli@carson.army.mil) .

If you wish to have a training videotape shown on Channel 9, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit a clean, typewritten copy of the information to the Public Affairs Office, room 2180, building 1550, Fort Carson, CO 80913 or fax it to 526-1021 no later than the Friday before airing time.



